

# Top 10 Indoor Performances - Prep Boys



55m			
Joshua Hembrough (88) Forest Hills Northern HS - MI	6.47	20 Jan 07	Grand Valley State U. MITS Meet Allendale, MI
Charles Smith (66) Las Vegas HS - NV	6.54	18 Mar 84	Pathmark National Scholastic Classic Princeton, NJ
Shawn Morgan (86) Wisconsin	6.65	31 Mar 03	Cudahy Packer Indoor Invite Cudahy, WI
Nick Jones (95) Missouri	6.77	19 Mar 13	Mule Relays Warrensburg, MO
Truth Dorsette (01) Maryland	6.83	21 Feb 20	Jesuit Invitational North Bethesda, MD
Jamaal Johnson (01) Maryland	7.00	21 Feb 20	Jesuit Invitational North Bethesda, MD
Randy Munns (86) Wisconsin	7.05	07 Apr 05	Cudahy Packer Indoor Invite Cudahy, WI
Carlos Desarden (90) Wisconsin	7.08	20 Mar 07	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Dexter Corley (??) Missouri	7.12	24 Mar 09	Mule Relays Warrensburg, MO
Thomas Knox (??) Missouri	7.28	19 Mar 02	Mule Relays Warrensburg, MO
60m			
Joshua Hembrough (88) Forest Hills Northern HS - MI	6.97	01 Feb 07	Eastern Michigan U. MITS Meet Ypsilanti, MI
Gareth Ashton (99) Texas	7.20	10 Feb 18	Great Southwest Classic Albuquerque, NM
Junior Peters (97) Minnesota	7.40	08 Mar 15	USATF Minnesota Championships Minneapolis, MN
Truth Dorsette (01) Maryland	7.59	07 Feb 20	Winter Storm Invite Mercersburg, PA
Kyrell Cummings (98) Minnesota	7.61	01 Apr 16	High School Early Bird Time Trials St. Paul, MN
Gregory Kazeba (??) Iowa	7.72	18 Mar 21	Doane Class D Invite Crete, NE
Africa Jarana (98) Metro	7.83	28 Mar 19	Mankato East Indoor Meet Mankato, MN
Shemuel Coley (01) Metro	8.35	28 Mar 19	Mankato East Indoor Meet Mankato, MN
Javis Johnson (99) Minnesota	8.36	01 Apr 16	High School Early Bird Time Trials St. Paul, MN
Jonathon Meja (04) Minnesota	8.44	29 Mar 18	Mankato East Indoor Meet Mankato, MN
200m			
Joshua Hembrough (88) Forest Hills Northern HS - MI	22.31	20 Jan 07	Grand Valley State U. MITS Meet Allendale, MI
Gareth Ashton (99) Texas	23.14	20 Jan 18	Texas Tech Under Armour HS Classic Lubbock, TX
Junior Peters (97) Minnesota	23.96	13 Mar 16	USATF Minnesota Championships Minneapolis, MN
Mark Gwynn (07) Maryland	25.63	24 Jan 25	Mid-Term Invitational Mercersburg, PA
Louis Ortiz (07) Maryland	25.74	15 Feb 25	Valentine Invitational Mercersburg, PA
Carlos Desarden (90) Wisconsin	25.84	02 Apr 09	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Africa Jarana (98) Metro	26.02	28 Mar 19	Mankato East Indoor Meet Mankato, MN
Matt Sherman (97) Minnesota	26.30	10 Apr 15	Macalester Meet St. Paul, MN
TJ Nipper (??) Iowa	26.51	18 Mar 21	Doane Class D Invite Crete, NE
Oluwatobiloba Awe (07) Maryland	26.51	17 Jan 25	Back to Work Indoor Meet Mercersburg, PA

300m			
Brandon Kenny (89) Canton HS - NY	38.5	19 Jan 07	Northern Athletic Conference Meet Canton, NY
Louis Ortiz (07) Maryland	40.21	01 Feb 25	Private Schools Invitational North Bethesda, MD
Nicholas Starks (06) Maryland	42.59	17 Dec 21	Smithsburg Invitational Hagerstown, MD
Mepper Beshears (04) Maryland	42.78	16 Dec 22	Smithsburg Invitational Hagerstown, MD
Oluwatobiloba Awe (07) Maryland	43.85	13 Dec 24	Ray Shriver Invitational Hagerstown, MD
Keanu Herzig-Wilcox (05) Maryland	44.66	17 Feb 23	Jesuit Invitational North Bethesda, MD
Corson Brunson (08) Maryland	47.72	15 Dec 23	Smithsburg Invitational Hagerstown, MD
Mikhail Rosenbarker (09) Maryland	51.11	01 Feb 25	Private Schools Invitational North Bethesda, MD
Damilola Adenuga (06) Maryland	51.66	13 Dec 24	Ray Shriver Invitational Hagerstown, MD
Roman Pfanzer (07) Maryland	1:01.44	15 Dec 23	Smithsburg Invitational Hagerstown, MD
400m			
Joshua Hembrough (88) Forest Hills Northern HS - MI	53.23	01 Feb 07	Eastern Michigan U. MITS Meet Ypsilanti, MI
Nick Jones (95) Missouri	53.49	25 Mar 14	Mule Relays Warrensburg, MO
Junior Peters (97) Minnesota	53.61	13 Mar 16	USATF Minnesota Championships Minneapolis, MN
Jarvis Anderson (04) McNeil HS - TX	53.82	29 Feb 20	Louisiana Classic Indoor Youth Baton Rouge, LA
DeMarko Townley (??) Missouri	56.07	24 Mar 09	Mule Relays Warrensburg, MO
Louis Ortiz (07) Maryland	56.13	15 Feb 25	Valentine Invitational Mercersburg, PA
Nicholas Starks (06) Maryland	56.70	08 Dec 23	Mercersburg Season Opener Mercersburg, PA
KiJuan Monroe (??) Missouri	57.81	20 Mar 12	Mule Relays Warrensburg, MO
Denton Mallas (91) Wisconsin	1:00.24	02 Apr 09	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Corson Brunson (08) Maryland	1:00.75	11 Jan 25	Winter Storm Invitational Mercersburg, PA
600m			
John Quatroche (89) East Lyme HS - CT	1:26.92	16 Feb 08	Connecticut Indoor State Meet Haven, CT

# Top 10 Indoor Performances - Prep Boys



800m			
Taylor Koss (93) Wisconsin	2:08.67	11 Apr 10	WIAA Indoor State Championships Whitewater, WI
James Davis (??) Louisiana	2:15.11	08 Feb 06	Last Chance Meet Baton Rouge, LA
Miguel Pavao (00) Maryland	2:16.40	21 Feb 20	Jesuit Invitational North Bethesda, MD
Juan Salgado-Rodriguez (99) Minnesota	2:19.3	29 Mar 18	Mankato East Indoor Meet Mankato, MN
Josiah Lockhart (07) Maryland	2:20.80	24 Jan 25	Mid-Term Invitational Mercersburg, PA
Taylor Pierce (96) Minnesota	2:20.90	08 Mar 15	USATF Minnesota Championships Minneapolis, MN
Carlos Stirewalt (??) Missouri	2:24.90	22 Mar 05	Mule Relays Warrensburg, MO
Brandon Soto (??) Missouri	2:26.90	25 Mar 03	Mule Relays Warrensburg, MO
Cory Moorhead (??) Missouri	2:29.2	19 Mar 02	Mule Relays Warrensburg, MO
Alder Gonzalez-Velasquez (07) Maryland	2:30.62	08 Dec 23	Mercersburg Season Opener Mercersburg, PA

1000m			
Brandon Kenny (89) Canton HS - NY	2:37.17	03 Mar 07	New York State Indoor Championships Ithaca, NY
Andre McLean (92) Lloyd C. Bird HS - VA	2:47.74	09 Dec 09	Manchester Polar Bear Meet Midlothian, VA
John Quatroche (89) East Lyme HS - CT	2:47.96	27 Jan 07	SCC Coaches Invite New Haven, CT
Blane Shank (10) Maryland	3:45.32	01 Feb 25	Private Schools Invitational North Bethesda, MD
Roman Pfanzteller (07) Maryland	3:54.75	01 Feb 25	Private Schools Invitational North Bethesda, MD

1600m			
Brandon Kenny (89) Canton HS - NY	4:28.4	17 Feb 07	Section 10 Championships Canton, NY
Andre McLean (92) Lloyd C. Bird HS - VA	4:42.91	10 Feb 10	Dominion District Championships Richmond, VA
Taylor Koss (93) Wisconsin	4:49.15	11 Apr 10	WIAA Indoor State Championships Whitewater, WI
Juan Salgado-Rodriguez (99) Minnesota	5:08.5	29 Mar 18	Mankato East Indoor Meet Mankato, MN
Cory Moorhead (??) Missouri	5:13.46	22 Mar 05	Mule Relays Warrensburg, MO
Josiah Lockhart (07) Maryland	5:26.55	24 Jan 25	Mid-Term Invitational Mercersburg, PA
Carlos Stirewalt (??) Missouri	5:26.66	22 Mar 05	Mule Relays Warrensburg, MO
Zachary Garner (??) Missouri	5:28.40	24 Mar 09	Mule Relays Warrensburg, MO
Keene Shank (09) Maryland	5:37.10	15 Dec 23	Smithsburg Invitational Hagerstown, MD
Clayton Scaife (??) Missouri	5:39.5	19 Mar 13	Mule Relays Warrensburg, MO

3200m			
Andre McLean (92) Lloyd C. Bird HS - VA	10:06.94	27 Jan 10	Cosby Polar Bear Meet Midlothian, VA
Cory Moorhead (??) Missouri	11:32.40	22 Mar 05	Mule Relays Warrensburg, MO
Samuel Bondhus (99) Minnesota	11:50.8	01 Apr 16	High School Early Bird Time Trials St. Paul, MN
Alder Gonzalez-Velasquez (07) Maryland	12:39.25	03 Feb 24	Private Schools Invitational North Bethesda, MD
William Clines (??) Missouri	13:04.60	22 Mar 05	Mule Relays Warrensburg, MO
Justin Toles (93) Wisconsin	13:24.11	02 Apr 09	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Paul Drymalski (91) Wisconsin	13:36.67	20 Mar 07	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Travis Waala (93) Wisconsin	13:37.67	02 Apr 09	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Damien Holste (??) Iowa	14:14.72	18 Mar 21	Doane Class D Invite Crete, NE
Roman Pfanzteller (07) Maryland	14:50.49	13 Dec 24	Ray Shriver Invitational Hagerstown, MD

55m Hurdles (39")			
Joshua Hembrough (88) Forest Hills Northern HS - MI	7.15	13 Jan 07	High School Grand Valley State U. Meet Allendale, MI
Mark Gwynn (07) Maryland	8.28	24 Jan 25	Mid-Term Invitational Mercersburg, PA
Terrell Summers (87) Louisiana	8.41	08 Jan 05	LSU High School Indoor Classic Baton Rouge, LA
Mepper Beshears (04) Maryland	8.41	17 Feb 23	Jesuit Invitational North Bethesda, MD
Gunner Hahn (95) Wisconsin	8.49	05 Apr 14	WTFA State Indoor Championships Whitewater, WI
Scott Niebler (85) Wisconsin	8.75	31 Mar 03	Cudahy Packer Indoor Invite Cudahy, WI
Roman Drymalski (86) Wisconsin	8.90	07 Apr 05	Cudahy Packer Indoor Invite Cudahy, WI
KiJuan Monroe (??) Missouri	9.98	23 Mar 10	Mule Relays Warrensburg, MO
Corson Brunson (08) Maryland	10.10	11 Jan 25	Winter Storm Invitational Mercersburg, PA
Dominic Albano (86) Wisconsin	10.22	31 Mar 04	Cudahy Packer Indoor Invite Cudahy, WI

60m Hurdles (39")			
Joshua Hembrough (88) Forest Hills Northern HS - MI	7.80	01 Feb 07	Eastern Michigan U. MITS Meet Ypsilanti, MI
Jarvis Anderson (04) Taylor HS - TX	8.04	12 Mar 23	Nike Indoor Nationals New York, NY
Matt Sherman (97) Minnesota	9.98	01 Apr 16	High School Early Bird Time Trials St. Paul, MN
Marty Freeberg (97) Minnesota	11.54	10 Apr 15	Macalester Meet St. Paul, MN
DeMontae Joseph (04) Maryland	11.91	08 Feb 19	Tri State Prep Invitational Mercersburg, PA
Ryan Stumbo (01) Minnesota	12.04	29 Mar 18	Mankato East Indoor Meet Mankato, MN

# Top 10 Indoor Performances - Prep Boys



High Jump			
Thomas Darden (78) Rhode Island	6-04.00	18 Feb 96	RIL State Indoor Championships Kingston, RI
Roman Drymalski (86) Wisconsin	6-00.00	07 Apr 05	Cudahy Packer Indoor Invite Cudahy, WI
Mark Gwynn (07) Maryland	5-06.00	13 Dec 24	Ray Shriver Invitational Hagerstown, MD
Alex Matsche (85) Wisconsin	5-04.00	31 Mar 03	Cudahy Packer Indoor Invite Cudahy, WI
Anthony Barger (97) Minnesota	5-04.00	10 Apr 15	Macalester Meet St. Paul, MN
Benson Goodwin (96) Missouri	5-03.00	25 Mar 14	Mule Relays Warrensburg, MO
Brian Duncan (??) Missouri	5-02.00	20 Mar 07	Mule Relays Warrensburg, MO
Kyrell Cummings (98) Minnesota	5-02.00	10 Apr 15	Macalester Meet St. Paul, MN
Randy Dix (89) Wisconsin	5-00.00	20 Mar 07	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Jose Castillo (92) Wisconsin		02 Apr 09	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Marty Freeberg (97) Minnesota		10 Apr 15	Macalester Meet St. Paul, MN
Josh Strom (97) Minnesota		01 Apr 16	High School Early Bird Time Trials St. Paul, MN

Pole Vault			
James Davis (??) Louisiana	11-10.00	08 Feb 06	Last Chance Meet Baton Rouge, LA

Long Jump			
Charles Smith (66) Las Vegas HS - NV	23-02.75	21 Jan 83	Sunkist Invitational Los Angeles, CA
Jarvis Anderson (04) Taylor HS – TX	21-06.25	22 Jan 22	Texas Tech Under Armour HS Classic Lubbock, TX
Terrell Summers (87) Louisiana	20-06.00	08 Jan 05	LSU High School Indoor Classic Baton Rouge, LA
Mark Gwynn (07) Maryland	19-04.00	11 Jan 25	Winter Storm Invitational Mercersburg, PA
Kyrell Cummings (98) Minnesota	19-02.50	01 Apr 16	High School Early Bird Time Trials St. Paul, MN
Nick Jones (95) Missouri	19-02.00	25 Mar 14	Mule Relays Warrensburg, MO
Aaron Gorman (??) Missouri	18-10.50	19 Mar 02	Mule Relays Warrensburg, MO
Carlos Desarden (90) Wisconsin	18-05.00	02 Apr 09	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Oluwatobiloba Awe (07) Maryland	17-10.00	17 Jan 25	Back to Work Indoor Meet Mercersburg, PA
Anthony Barger (97) Minnesota	17-08.50	10 Apr 15	Macalester Meet St. Paul, MN

Triple Jump			
Jarvis Anderson (04) Taylor HS – TX	48-08.25	22 Jan 22	Texas Tech Under Armour HS Classic Lubbock, TX
Terrell Summers (87) Louisiana	44-09.75	07 Jan 05	LSU High School Indoor Classic Baton Rouge, LA
Kyrell Cummings (98) Minnesota	40-08.50	01 Apr 16	High School Early Bird Time Trials St. Paul, MN
Mark Gwynn (07) Maryland	40-08.50	24 Jan 25	Mid-Term Invitational Mercersburg, PA
Oluwatobiloba Awe (07) Maryland	39-01.00	17 Jan 25	Back to Work Indoor Meet Mercersburg, PA
Anthony Barger (97) Minnesota	37-09.00	10 Apr 15	Macalester Meet St. Paul, MN
DJ Moder (99) Minnesota	37-00.00	01 Apr 16	High School Early Bird Time Trials St. Paul, MN
Alex Matsche (85) Wisconsin	36-04.00	31 Mar 03	Cudahy Packer Indoor Invite Cudahy, WI
Matt Sherman (97) Minnesota	36-00.00	01 Apr 16	High School Early Bird Time Trials St. Paul, MN
Mike Glassbrenner (88) Wisconsin	33-10.00	20 Mar 07	Milwaukee Lutheran Indoor Meet Milwaukee, WI

Shot Put (12lbs)			
David Niemuth (63) Oshkosh North HS - WI	59-10.25	06 Apr 82	Titan High School Invitational Oshkosh, WI
Anthony Strakaluse (55) La Salle Academy - RI	46-05.00	11 Feb 72	RI Class A Indoor State Meet Providence, RI
Garrett Springer (96) Minnesota	45-10.00	10 Apr 15	Macalester Meet St. Paul, MN
Adam Rohde (99) Minnesota	41-10.00	29 Mar 18	Mankato East Indoor Meet Mankato, MN
Randy Munns (86) Wisconsin	41-00.25	31 Mar 04	Cudahy Packer Indoor Invite Cudahy, WI
Shawn Morgan (86) Wisconsin	40-02.00	07 Apr 05	Cudahy Packer Indoor Invite Cudahy, WI
Josue Sanchez (08) Maryland	40-02.00	17 Jan 25	Back to Work Indoor Meet Mercersburg, PA
Amaree McKentry (01) Maryland	38-01.00	15 Feb 19	Jesuit Invitational North Bethesda, MD
Patrick Jennison (92) Wisconsin	37-05.00	02 Apr 09	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Brandon McCarty (90) Wisconsin	37-01.00	18 Mar 08	Milwaukee Lutheran Indoor Meet Milwaukee, WI

Weight Throw (25lbs)			
Anthony Strakaluse (55) La Salle Academy - RI	59-08.00	11 Feb 72	RI Class A Indoor State Meet Providence, RI

# Top 10 Indoor Performances - Prep Boys



4x200m Relay			
Maryland School for the Deaf Louis Ortiz (07) Josiah Lockhart (07) Oluwatobiloba Awe (07) Mark Gwynn (07)	1:45.79	13 Dec 24	Ray Shriver Invitational Hagerstown, MD
Minnesota State Academy for the Deaf Marc Nolasco (01) Adam Schneider (01) Jon Schmidt (99) Adam Rohde (99)	1:53.2	29 Mar 18	Mankato East Indoor Meet Mankato, MN
Maryland School for the Deaf DeMontae Joseph (04) Miguel Pavao (00) Amaree McKentry (01) Jamal Johnson (01)	1:53.3	15 Feb 19	Jesuit Invitational North Bethesda, MD
Missouri School for the Deaf ? ? ? ?	1:55.10	22 Mar 05	Mule Relays Warrensburg, MO
Wisconsin School for the Deaf Marvin Coleman (85) Alex Matsche (85) Casey Woodruff (83) Shawn Morgan (86)	2:01.85	31 Mar 03	Cudahy Packer Indoor Invite Cudahy, WI
Wisconsin School for the Deaf Denton Mallas (91) Michell Pena (87) Mike Glassbrenner (88) Carlos Desarden (90)	2:05.65	20 Mar 07	Milwaukee Lutheran Indoor Meet Milwaukee, WI
4x800m Relay			
Maryland School for the Deaf Keene Shank (09) Alder Gonzalez-Velasquez (07) Corson Brunson (08) Nicholas Starks (06)	10:11.50	01 Feb 25	Private Schools Invitational North Bethesda, MD
Minnesota State Academy for the Deaf Dalton Starr (02) Samuel Bondhus (99) Adam Schneider (01) William Bondhus (99)	10:16.2	29 Mar 18	Mankato East Indoor Meet Mankato, MN
Minnesota State Academy for the Deaf Juan Salgado-Rodriguez (99) Samuel Bondhus (99) William Bondhus (99) John Fletcher (99)	10:38.77	01 Apr 16	High School Early Bird Time Trials St. Paul, MN
Minnesota State Academy for the Deaf Mohamed Mogow (99) William Bondhus (99) Ryan Stumbo (01) Jay-R Lacorte (99)	11:20.38	31 Mar 17	Griak Indoor Classic Minneapolis, MN

4x400m Relay			
Minnesota State Academy for the Deaf Junior Peters (97) Anthony Barger (97) Matt Sherman (97) Juan Salgado-Rodriguez (99)	3:52.03	01 Apr 16	High School Early Bird Time Trials St. Paul, MN
Minnesota State Academy for the Deaf William Bondhus (99) Marty Freeberg (97) Samuel Bondhus (99) John Fletcher (99)	4:40.16	10 Apr 15	Macalester Meet St. Paul, MN
Minnesota State Academy for the Deaf Adam Rohde (99) William Bondhus (99) Ryan Stumbo (01) Jay-R Lacorte (99)	4:51.27	31 Mar 17	Griak Indoor Classic Minneapolis, MN
Keywords			
^ - Denotes athlete's individual performance made in Pent/Hep event.			
		New performance held less than a year	
		Missing information	

# Top 10 Indoor Performances - Prep Girls



55m			
Chetara Watkins (89) Missouri	7.36	18 Mar 08	Mule Relays Warrensburg, MO
Emmanuela Debrah (09) Maryland	7.99	15 Feb 25	Valentine Invitational Mercersburg, PA
Lori Eldred (94) Wisconsin	8.20	07 Apr 12	WTFA State Indoor Championships Whitewater, WI
Kori Koss (95) Wisconsin	8.29	06 Apr 13	WTFA State Indoor Championships Whitewater, WI
Milana Bielucke (02) Maryland	8.34	15 Feb 19	Jesuit Invitational North Bethesda, MD
Leticia Detrow (07) Maryland	8.37	01 Feb 25	Private Schools Invitational North Bethesda, MD
Maydee Vande Hey (92) Wisconsin	8.42	02 Apr 09	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Chelsea Iyere (03) Maryland	8.50	21 Feb 20	Jesuit Invitational North Bethesda, MD
Yireh Sanchez (02) Maryland	8.54	15 Feb 19	Jesuit Invitational North Bethesda, MD
Alina Williamson (04) Maryland	8.62	02 Feb 19	Private and Independent Schools Invitational North Bethesda, MD

60m			
JoyLisa Davis (92) Bloomfield Hills Lahser HS - MI	8.37	27 Mar 09	Huron Relays Ypsilanti, MI
Emelia Beldon (98) Minnesota	8.90	10 Apr 15	Macalester Meet St. Paul, MN
Milana Bielucke (02) Maryland	9.19	07 Feb 20	Winter Storm Invite Mercersburg, PA
Corrie Ballentine (00) Minnesota	9.23	31 Mar 17	Griak Indoor Classic Minneapolis, MN
Chelsea Iyere (03) Maryland	9.51	07 Feb 20	Winter Storm Invite Mercersburg, PA
Kali Nipper (??) Iowa	9.57	18 Mar 21	Doane Class D Invite Crete, NE
Ernelina Beldon (00) Minnesota	9.62	10 Apr 15	Macalester Meet St. Paul, MN
Alina Williamson (04) Maryland	9.62	08 Feb 19	Tri State Prep Invitational Mercersburg, PA
Makayla Moeller (00) Minnesota	9.64	29 Mar 18	Mankato East Indoor Meet Mankato, MN
Cherie Marciniak (02) Minnesota	10.34	29 Mar 18	Mankato East Indoor Meet Mankato, MN

200m			
Rajena Guettler (01) Maryland	29.62	14 Dec 18	Mercersburg Season Opener Mercersburg, PA
Emmanuela Debrah (09) Maryland	30.69	11 Jan 25	Winter Storm Invitational Mercersburg, PA
Milana Bielucke (02) Maryland	30.93	14 Dec 18	Mercersburg Season Opener Mercersburg, PA
Leticia Detrow (07) Maryland	31.61	08 Dec 23	Mercersburg Season Opener Mercersburg, PA
Chelsea Iyere (03) Maryland	31.87	07 Feb 20	Winter Storm Invite Mercersburg, PA
Maydee Vande Hey (92) Wisconsin	33.05	02 Apr 09	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Kali Nipper (??) Iowa	33.27	18 Mar 21	Doane Class D Invite Crete, NE
Alina Williamson (04) Maryland	33.85	08 Feb 19	Tri State Prep Invitational Mercersburg, PA
Eavan Shank (07) Maryland	33.89	08 Dec 23	Mercersburg Season Opener Mercersburg, PA
Jaiden Lovett (07) Maryland	34.05	13 Jan 23	Mercersburg Back-to-School Mercersburg, PA

300m			
Leticia Detrow (07) Maryland	48.53	01 Feb 25	Private Schools Invitational North Bethesda, MD
Chelsea Iyere (03) Maryland	53.60	21 Feb 20	Jesuit Invitational North Bethesda, MD
Milana Bielucke (02) Maryland	54.07	01 Feb 20	Private Schools Invitational North Bethesda, MD
Yireh Sanchez (02) Maryland	54.87	02 Feb 19	Private and Independent Schools Invitational North Bethesda, MD
Alina Williamson (04) Maryland	57.50	02 Feb 19	Private and Independent Schools Invitational North Bethesda, MD
Carine Nagorngor (04) Maryland	57.65	16 Dec 22	Smithsburg Invitational Hagerstown, MD
Jaiden Lovett (07) Maryland	58.02	16 Dec 22	Smithsburg Invitational Hagerstown, MD
Antoinette Dromo (03) Maryland	1:04.86	04 Feb 23	Private Schools Invitational North Bethesda, MD
Zhenemei Dubbs (05) Maryland	1:09.67	17 Dec 21	Smithsburg Invitational Hagerstown, MD

400m			
JoyLisa Davis (92) Bloomfield Hills Lahser HS - MI	1:03.33	18 Jan 10	Michigan Indoor Track Series East Lansing, MI
Eliza Lindaedt (98) Minnesota	1:08.02	10 Apr 15	Macalester Meet St. Paul, MN
Rajena Guettler (01) Maryland	1:08.19	14 Dec 18	Mercersburg Season Opener Mercersburg, PA
Kayla Hardaway (91) McNeil HS - TX	1:08.93	21 Feb 09	Texas Tech HS Invitational Lubbock, TX
Elizabeth Harrison (98) Missouri	1:10.39	25 Mar 14	Mule Relays Warrensburg, MO
Chetara Watkins (89) Missouri	1:10.5	22 Mar 05	Mule Relays Warrensburg, MO
Corrie Ballentine (00) Minnesota	1:11.18	31 Mar 17	Griak Indoor Classic Minneapolis, MN
Emmanuela Debrah (09) Maryland	1:11.30	15 Feb 25	Valentine Invitational Mercersburg, PA
Maydee Vande Hey (92) Wisconsin	1:11.3	02 Apr 09	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Avalon Saxton (98) Missouri	1:12.16	25 Mar 14	Mule Relays Warrensburg, MO

600m			

# Top 10 Indoor Performances - Prep Girls



800m			
JoyLisa Davis (92) Bloomfield Hills Lahser HS - MI	2:26.53	20 Feb 10	Michigan Indoor Track Series Allendale, MI
Connie Johnston (68) ^ Weber HS - UT	2:29.99	16 Mar 86	Pathmark National Scholastic Classic New Haven, CT
Leticia Detrow (07) Maryland	2:50.55	11 Jan 25	Winter Storm Invitational Mercersburg, PA
Dalina Schwartz (05) Minnesota	2:58.6	29 Mar 18	Mankato East Indoor Meet Mankato, MN
Darla Milner (68) Maryland	3:02.4	29 Jan 85	Frederick County Indoor Championships Baltimore, MD
Melissa Roberts (??) Missouri	3:04.1	19 Mar 02	Mule Relays Warrensburg, MO
Karen Sanfacon (68) W.T. Woodson HS - VA	3:08.0	27 Dec 83	Dual Meet Fairfax, VA
Valerie Walkup (02) Maryland	3:09.35	14 Dec 18	Mercersburg Season Opener Mercersburg, PA
Kiara Kennedy (??) Missouri	3:15.62	23 Mar 10	Mule Relays Warrensburg, MO
Anjoylen Tafoya (??) Missouri	3:19.10	22 Mar 05	Mule Relays Warrensburg, MO

1000m			
Yireh Sanchez (02) Maryland	4:45.56	01 Feb 20	Private Schools Invitational North Bethesda, MD
Jaleah Nutter (04) Maryland	5:21.04	01 Feb 20	Private Schools Invitational North Bethesda, MD

1600m			
Karen Sanfacon (68) W.T. Woodson HS - VA	5:30.0	15 Dec 84	Dual Meet Alexandria, VA
JoyLisa Davis (92) Bloomfield Hills Lahser HS - MI	5:50.85	26 Mar 10	Huron Relays Ypsilanti, MI
Julie Bartee (66) Maryland	6:02.3	29 Jan 85	Frederick County Indoor Championships Baltimore, MD
Leticia Detrow (07) Maryland	6:18.23	13 Dec 24	Ray Shriver Invitational Hagerstown, MD
Melissa Caddy (96) Minnesota	6:44.26	10 Apr 15	Macalester Meet St. Paul, MN
Valerie Walkup (02) Maryland	7:02.09	14 Dec 18	Mercersburg Season Opener Mercersburg, PA
Esma Rayner (??) Metro	7:13.03	10 Apr 15	Macalester Meet St. Paul, MN
Gabriella Beyer (92) Wisconsin	7:34.34	18 Mar 08	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Catherine Gomez Salva (??) Metro	7:45.43	10 Apr 15	Macalester Meet St. Paul, MN
Madonna Moore (98) Missouri	7:46.3	25 Mar 14	Mule Relays Warrensburg, MO

3200m			
Karen Sanfacon (68) W.T. Woodson HS - VA	11:05.50	22 Feb 86	VHSL State Indoor Championships Fairfax, VA
Erin LaFave (90) Bloomfield Hills Lahser HS - MI	11:33.50	29 Feb 08	MIT State Championship Mt Pleasant, MI
Jessica Bax (??) Missouri	18:39.70	24 Mar 09	Mule Relays Warrensburg, MO
Paige Parnell (??) Missouri	20:03.80	24 Mar 09	Mule Relays Warrensburg, MO

55m Hurdles (33")			
Kori Koss (95) Wisconsin	9.82	06 Apr 13	WTFA State Indoor Championships Whitewater, WI
Kayla Hardaway (91) McNeil HS - TX	9.83	21 Feb 09	Texas Tech HS Invitational Lubbock, TX
Debbie Anderson (67) Maryland	9.84*	29 Jan 85	Frederick County Indoor Championships Baltimore, MD
Alina Williamson (04) Maryland	10.44	18 Jan 19	Mercersburg Invitational Mercersburg, PA
Lori Eldred (94) Wisconsin	10.71	07 Apr 12	WTFA State Indoor Championships Whitewater, WI
Emmanuela Debrah (09) Maryland	11.19	11 Jan 25	Winter Storm Invitational Mercersburg, PA
Dawn Clark (??) Missouri	11.41	19 Mar 02	Mule Relays Warrensburg, MO
Emmalee Turnage (??) Missouri	11.46	20 Mar 07	Mule Relays Warrensburg, MO
Ashley Wagner (91) Wisconsin	12.17	18 Mar 08	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Jennifer Rawlings (??) Missouri	12.63	18 Mar 08	Mule Relays Warrensburg, MO

60m Hurdles (33")			
Connie Johnston (68) ^ Weber HS - UT	8.94	16 Mar 86	Pathmark National Scholastic Classic New Haven, CT
Emelia Beldon (98) Minnesota	10.77	10 Apr 15	Macalester Meet St. Paul, MN
Eliza Lindaedt (98) Minnesota	10.82	10 Apr 15	Macalester Meet St. Paul, MN
Alina Williamson (04) Maryland	11.86	08 Feb 19	Tri State Prep Invitational Mercersburg, PA

## Top 10 Indoor Performances - Prep Girls



High Jump			
Connie Johnston (68) ^ Weber HS - UT	5-08.25	16 Mar 86	Pathmark National Scholastic Classic New Haven, CT
Lisa McBee (81) Missouri	5-02.00	22 Mar 99	Mule Relays Warrensburg, MO
Debbie Anderson (67) Maryland	4-10.00	29 Jan 85	Frederick County Indoor Championships Baltimore, MD
JoyLisa Davis (92) Bloomfield Hills Lahser HS - MI	4-06.00	17 Jan 11	Michigan Indoor Track Series East Lansing, MI
Eliza Lindaedt (98) Minnesota	4-04.00	10 Apr 15	Macalester Meet St. Paul, MN
Emelia Beldon (98) Minnesota	4-02.00	10 Apr 15	Macalester Meet St. Paul, MN
Elizabeth Harrison (98) Missouri	4-01.00	25 Mar 14	Mule Relays Warrensburg, MO
Ashley Wagner (91) Wisconsin	4-00.00	18 Mar 08	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Lia Chapman (90) Wisconsin	4-00.00	18 Mar 08	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Emmanuela Debrah (09) Maryland	4-00.00	11 Jan 25	Winter Storm Invitational Mercersburg, PA

Pole Vault			

Long Jump			
JoyLisa Davis (92) Bloomfield Hills Lahser HS - MI	17-10.00	17 Feb 10	Michigan Indoor Track Series University Center, MI
Renonia Fowler (57) Tennessee	17-02.25	14 Feb 76	East Tennessee Regional Championships Knoxville, TN
Connie Johnston (68) ^ Weber HS - UT	15-10.25	16 Mar 86	Pathmark National Scholastic Classic New Haven, CT
Elizabeth Harrison (98) Missouri	14-11.00	25 Mar 14	Mule Relays Warrensburg, MO
Lori Eldred (94) Wisconsin	14-08.00	09 Apr 11	WTFA State Indoor Championships Whitewater, WI
Lia Chapman (90) Wisconsin	13-08.00	18 Mar 08	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Kori Koss (95) Southwest HS - WI	13-06.00	05 Apr 12	FRCC West Indoor Meet Bay Port, WI
Alina Williamson (04) Maryland	13-05.00	18 Jan 19	Mercersburg Invitational Mercersburg, PA
Maydee Vande Hey (92) Wisconsin	13-04.00	02 Apr 09	Milwaukee Lutheran Indoor Meet Milwaukee, WI
Makayla Moeller (00) Minnesota	12-10.25	31 Mar 17	Griak Indoor Classic Minneapolis, MN

Triple Jump			
Tiffany Hargrove (83) Louisiana	35-01.50	27 Feb 99	LHSAA Meet Baton Rouge, LA
Ana Shelton (91) Louisiana	31-02.50	08 Feb 06	Last Chance Meet Baton Rouge, LA
Emelia Beldon (98) Minnesota	29-06.00	10 Apr 15	Macalester Meet St. Paul, MN
Amanda Feliciano (93) Wisconsin	29-05.75	09 Apr 11	WTFA State Indoor Championships Whitewater, WI
Makayla Moeller (00) Minnesota	27-02.00	29 Mar 18	Mankato East Indoor Meet Mankato, MN
Eliza Lindaedt (98) Minnesota	26-06.00	10 Apr 15	Macalester Meet St. Paul, MN

Shot Put (4kg)			
Jasmine Simmons (94) Pickerington North HS - OH	37-03.75	21 Jan 12	OSU Buckeye Qualifier #1 Columbus, OH
Connie Johnston (68) ^ Weber HS - UT	32-01.50	16 Mar 86	Pathmark National Scholastic Classic New Haven, CT
Tiffany Williams (67) Maryland	30-08.50	29 Jan 85	Frederick County Indoor Championships Baltimore, MD
Ruth Ballentine (97) Minnesota	29-06.50	10 Apr 15	Macalester Meet St. Paul, MN
Cassidy Perry (01) Maryland	29-06.00	02 Feb 19	Private and Independent Schools Invitational North Bethesda, MD
Jaiden Lovett (07) Maryland	29-03.00	17 Feb 23	Jesuit Invitational North Bethesda, MD
Kayla Mitchell (00) Minnesota	28-08.00	29 Mar 18	Mankato East Indoor Meet Mankato, MN
Melissa Johnson (??) Missouri	28-03.00	19 Mar 02	Mule Relays Warrensburg, MO
Zivia Gale (05) Maryland	27-04.00	18 Feb 22	Jesuit Invitational North Bethesda, MD
Kali Nipper (??) Iowa	25-11.50	18 Mar 21	Doane Class D Invite Crete, NE

Weight Throw (20lbs)			

# Top 10 Indoor Performances - Prep Girls



## Pentathlon

Connie Johnston (68) Weber HS - UT	3,292	16 Mar 86	Pathmark National Scholastic Classic New Haven, CT	<b>60m H:</b> 8.94 <b>SP:</b> 32-01.50 <b>HJ:</b> 5-08.25 <b>LJ:</b> 15-10.25 <b>800m:</b> 2:29.99
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## 4x200m Relay

<u>Maryland School for the Deaf</u> Rajena Guettler (01) Cassidy Perry (01) Sierra Herzig-Wilcox (03) Milana Bielucke (02)	1:58.20	02 Feb 19	Private and Independent Schools Invitational North Bethesda, MD
<u>Maryland School for the Deaf</u> Tiffany Williams (67) Paula Smith (66) Elena Gee (66) Debbie Anderson (67)	2:00.8	15 Jan 85	Frederick/Washington County Indoor Meet Baltimore, MD
<u>Missouri School for the Deaf</u> ? ? ? ?	2:16.20	22 Mar 05	Mule Relays Warrensburg, MO
<u>Minnesota State Academy for the Deaf</u> Ernelina Beldon (00) Meghan Hatfield (98) Kelsey Pickett (97) Kelley Johnson (99)	2:16.47	10 Apr 15	Macalester Meet St. Paul, MN
<u>Minnesota State Academy for the Deaf</u> Cherie Marciniak (02) Kayla Mitchell (00) Dalina Schwartz (05) Makayla Moeller (00)	2:17.6	29 Mar 18	Mankato East Indoor Meet Mankato, MN

## 4x800m Relay

<u>Maryland School for the Deaf</u> Darla Milner (68) Julie Bartee (66) Elena Gee (66) Tiffany Williams (67)	10:46.9	08 Feb 85	Regional II Class B-C Baltimore, MD

## 4x400m Relay

<u>Maryland School for the Deaf</u> Tiffany Williams (67) Debbie Anderson (67) Julie Bartee (66) Elena Gee (66)	4:35.5	29 Jan 85	Frederick County Indoor Championships Baltimore, MD
<u>Maryland School for the Deaf</u> Rajena Guettler (01) Yireh Sanchez (02) Cha'Risa Reins (03) Valerie Walkup (02)	4:57.99	14 Dec 18	Mercersburg Season Opener Mercersburg, PA
<u>Minnesota State Academy for the Deaf</u> Corrie Ballentine (00) Kayla Mitchell (00) Chloe Robinson (98) Meghan Hatfield (98)	5:22.83	01 Apr 16	High School Early Bird Time Trials St. Paul, MN
<u>Minnesota State Academy for the Deaf</u> Ernelina Beldon (00) Meghan Hatfield (98) Kelsey Pickett (97) Kelley Johnson (99)	5:42.34	10 Apr 15	Macalester Meet St. Paul, MN
<u>Maryland School for the Deaf</u> Jaleah Nutter (04) Chelsea Iyere (03) Yireh Sanchez (02) Milana Bielucke (02)	6:23.63	07 Feb 20	Winter Storm Invite Mercersburg, PA

## Keywords

^ - Denotes athlete's individual performance made in Pentathlon event.
* - Denotes Hand Timed results which has been converted to electronic times
New performance held less than a year
Missing information