

ESDAA Track & Field Championships
Meet Records



Boys

100m	10.81 > 10.9 > 11.14 10.9 > 11.14	Anthony Epps Maryland T-Jay McKinnon New York – Fanwood	16 May 1987 08 May 1999	Buffalo, NY Churchill, PA
200m	21.6 > 21.84	Anthony Epps Maryland	16 May 1987	Buffalo, NY
400m	51.11	D'Mayne Hemphill St. Mary's	18 May 2002	Nyack, NY
800m	2:03.9	Toby Daniels Maryland	13 May 1989	Frederick, MD
1500m	4:26.3	Joey Baer Maryland	18 May 1985	Washington, DC
1600m	4:36.09 > 4:36.1	Rusty Ormsby St. Mary's	20 May 2000	Ewing Township, NJ
3000m	10:00.7	Modesto Velasquez New Jersey	18 May 1985	Washington, DC
3200m	10:08.4	Rusty Ormsby St. Mary's	20 May 2000	Ewing Township, NJ
110m Hurdles	15.32	Brady Painter Maryland	17 May 2008	Ewing Township, NJ
300m Hurdles	40.3 > 40.44	Shawn Richardson Maryland	14 May 1988	Warwick, RI
High Jump	6-06	Anthony Epps Maryland	16 May 1987	Buffalo, NY
Long Jump	22-05.25	Patrick Berrigan St. Mary's	01 May 1971	Washington, DC
Triple Jump	44-02.50	Thomas Darden Rhode Island	21 May 1994	White Plains, NY
Pole Vault	12-04	Andy Crovo Model	07 May 1977	Frederick, MD
Shot Put	51-04.00	Edward Klimaszewski Rhode Island	12 May 1973	Washington, DC
Discus	148-03	Edward Klimaszewski Rhode Island	12 May 1973	Washington, DC
400m Relay	44.52	<u>Maryland</u> Brady Perry Bobga Tete Austin Wilson Eric Long	13 May 2017	Frederick, MD
800m Relay	1:33.1	<u>New Jersey</u> Rullis Merritt Tom Vogis Eric Caseiro Rodd Gatewood	14 May 1983	Frederick, MD
1600m Relay	3:35.9	<u>New Jersey</u> Eric Caseiro Darren Simon Rodd Gatewood Leon Wilson	14 May 1983	Frederick, MD
1600m Sprint Medley Relay	3:46.6	<u>New York – Fanwood</u> Richard Calderon Michael McCall Paul Mitchell Dennis Smith	14 May 1983	Frederick, MD

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Girls

100m	12.7 > 12.94	Brenda Redman Model	19 May 1984	Providence, RI
200m	26.4 > 26.64	Shana Lehmann Maryland	15 May 2004	Queens, NY
400m	1:00.6 > 1:00.74	Shana Lehmann Maryland	21 May 2005	Amherst, NY
800m	2:33.0	Elena Gee Maryland	18 May 1985	Washington, DC
1500m	5:24.4	Tina Hall Model	18 May 1985	Washington, DC
1600m	5:50.49	Elissa Letendre Learning Center	15 May 2010	Frederick, MD
3000m	11:56.0	Tina Hall Model	18 May 1985	Washington, DC
3200m	12:09.32 > 12:09.4	Annette Burrell Maryland	15 May 1993	West Hartford, CT
100m Hurdles	16.3 > 16.54	Masha Lahun Maryland	15 May 2004	Queens, NY
300m Hurdles	50.09	Sierra Herzig-Wilcox Maryland	12 May 2018	Frederick, MD
High Jump	5-02	Allison Jones New Jersey	19 May 1984	Providence, RI
Long Jump	15-09.50	Andrea Aquilino Western Pennsylvania	13 May 2006	Monroeville, PA
Triple Jump	35-04.25	Shana Lehmann Maryland	21 May 2005	Amherst, NY
Shot Put	36-07.25	Crystle Marion St. Mary's	12 May 2012	Frederick, MD
Discus	112-03	Adonica Harris Maryland	13 May 2006	Monroeville, PA
400m Relay	51.86	<u>Maryland</u> Emelia Beldon Rajena Guettler Cassidy Perry Tamia Harris	14 May 2016	Frederick, MD
800m Relay	1:55.18	<u>Maryland</u> Rose Viola Shephard Tamia Harris Cassidy Perry Carolyn Wiley	14 May 2016	Frederick, MD
1600m Relay	4:20.5	<u>Maryland</u> Paula Smith Elena Gee Cantrece Simmons Tiffany Williams	18 May 1985	Washington, DC
800m Sprint Medley Relay	2:02.56 > 2:02.6	<u>Maryland</u> Jane Locke Sheryl Mapp Juanita Sue Blades Irma Morris	16 May 1981	Washington, DC

FAT History	
<ul style="list-style-type: none"> • 24 May 1997 – Buffalo, NY • 18 May 2002 – Nyack, NY • 12 May 2007 – Frederick, MD • 17 May 2008 – Ewing, NJ • 16 May 2009 – Newington, CT • 15 May 2010 – Frederick, MD • 14 May 2011 – Providence, RI • 12 May 2012 – Frederick, MD • 11 May 2013 – Amherst, NY 	<ul style="list-style-type: none"> • 10 May 2014 – Frederick, MD • 09 May 2015 – Providence, RI • 14 May 2016 – Frederick, MD • 13 May 2017 – Frederick, MD • 12 May 2018 – Frederick, MD • 11 May 2019 – Providence, RI • 14 May 2022 – Frederick, MD • 13 May 2023 – Providence, RI
All other years were Hand-Timed	

Conversion Factor	
>	<p>Convert Handheld Times (HT) to Fully Automatic Timing (FAT) times. First round up to the next tenth of a second. Then add the following times below according to their respective event.</p> <ol style="list-style-type: none"> 1. 100m, 200m, 100m Hurdles, & 110m Hurdles = add 0.24 seconds 2. 300m Hurdles, 400m Hurdles, 400m, & 4x100m Relay = add 0.14 seconds 3. 800m or longer = do not add