

GENERAL RULES



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1. Scope of this Document

USA Deaf Track & Field (USADTF), as one of its action plan, was to establish Track & Field Classic for high school deaf athletes across the United States. This mission has been accomplished on 5 April 2008 at the Texas School for the Deaf campus in Austin, Texas. The 1st Berg/Seeger Classic was a success with 12 participating schools and a total of 139 athletes.

Originally, the Berg/Seeger Classic Guidelines document was intended for the Host Guidelines and the General Rules to be combined as one. This was used between 2008 and 2016. The original document was then split into two: Host Guidelines and General Rules.

This Berg/Seeger Classic General Rules document was created to set the baseline rules for Berg/Seeger Classic competitors to follow. Berg/Seeger Classic General Rules was produced by the coaches and USADTF representative in attendance.

1.1. Document Revision

Athletic Directors from participating schools or their assignee and an USADTF representative shall have the rights to make improvement to this document which has positive impacts on athletes and future host. Revision voting shall take place during the wrap up meeting the day before or after the event and shall take effect for next year's event.

1.2. Revision History

See **Appendix 7** for revision history.

2. General Information

2.1. Background

Thomas Berg and Ruth Seeger were part of the first USA Team going to Deaflympics in 1957. They had coached for over 85 years combined. They have coached numerous National Champions, All-Americans, Deaflympians and many of their athletes broke many national and world records.

The Berg/Seeger Classic is to honor these coaches for their outstanding coaching and contribution to track and field among Deaf athletes for so many years.

For a longer biography version, please see **Appendix 1**.

2.2. History of Berg/Seeger Classic

Please see **Appendix 2** for previous Berg/Seeger Classic dates, hosts, location, number of participating schools and athletes.

2.3. History of Past Team Champions and Individual Winners

Please see **Appendix 3** for past Berg/Seeger Classic team champions and individual award winners.

3. Berg/Seeger Classic – General Rules

Berg/Seeger Classic general rules outlined in entire section 3 takes precedence over State Association and NFHS rules.

3.1. Competition Schedule

To determine the length of competition (1-day or 2-day), the host shall send a preliminary form to all schools around early October and due back by end of November. By then, the host will have the estimate total number of participants. This will help the host to determine if 2-day meet is needed or hold to 1-day meet. If 2-day meet is necessary, the first event shall begin on or after 6pm Friday.

The 1-day and 2-day competition schedule has been established as shown in **Appendix 4**.

If host does have two (2) separate jumping pits, this will have split jumping events on the same day. Long jump (boys) and triple jump (girls) will be on Friday. Long jump (girls) and triple jump (boys) will be on Saturday. This applies for 2-day schedule. For 1-day schedule, long jump (boys) and triple jump (girls) goes first. Then long jump (girls) and triple jump (boys) will follow.

If host wishes to include javelin event, this could be added and scheduled reasonably. For instance, javelin will be on Saturday afternoon after shot put and discus throw has concluded. This applies for both 1-day and 2-day schedule.

In case if the final entries indicated that some events are not necessary to have a preliminary round, then that event in preliminary round will be cancelled and move onto finals. The ordering of events shall remain as originally.

If host wishes to make adjustment according to an approved 1-day or 2-day competition schedule as shown in **Appendix 4** host may do so upon approval from participating schools by a majority of vote at least two (2) months before the event.

If the ordering of event needs to be revised for some reason, then the voting by each coach from participating schools shall be unanimously during first meeting.

3.2. Participants

- a. Deaf schools, mainstreamed schools, public schools and of any kind of schools are welcome to participate in this event. The athletes must be deaf, defined as a hearing loss of at least 55 dB in the better ear (3-tone frequency average at 500, 1000 and 2000 Hertz, ISO 1964 Standard).
- b. Since this meet is open to nation-wide high schools, in order to be fair, athletes must be in high school as defined in 9th, 10th, 11th, and 12th grades. Participation is not allowed for 6th, 7th, 8th graders, and fifth year senior.
- c. Due to a conflict of any circumstances from participant's state association rules, athlete could compete as "Unattached".
- d. This meet will follow International Committee of Sports for the Deaf (ICSD) rules regarding the use of hearing aids during competition in order to provide all youth athletes the experience of competing without any aids. This is good practice to start now before they compete at an international/elite level. Therefore all athletes shall not use hearing aids or external cochlear implant aids and will be strictly enforced during the competition. In case the athlete is caught wearing a device, this athlete will be disqualified for that certain event however he/she is able to continue competing other events. For relay event, the entire team in that relay event will be disqualified if one or more athletes are caught wearing a device.

3.3. Team Roster

The team participant list shall be limited to 30 persons per school (maximum of each 12 boys and 12 girls, 1 manager, 2 coaches, 2 chaperones, and 1 Athletic Director). The manager cannot replace any athlete during the competition for any reason. School may modify the personnel, except the 12 boys and 12 girls' limit, as long they remain within the limit of 30 persons. Additional boys to lessen the number of girls will not be allowed. Same goes for vice-versa.

3.4. Entries

- a. Maximum of 3 athletes per school per event.
- b. Athlete may enter a maximum total of 4 events combined (individual and relays). Please see **Appendix 5** for which events will be used during Berg/Seeger Classic.
- c. Please see chart in **Appendix 6** to compare what were the first (1st) place averages from the last five (5) Berg/Seeger Classic results and the recommended standards. The standards are not required for coaches to follow. However, this is a good tool for coaches to understand what kind of athletes coaches will register.
- d. The host may obtain basic information to participating teams several weeks before the official event. This helps host to estimate the numbers for T-shirt orders and dorm bedding purpose.
- e. The Final Entry Form (rosters and event entries) shall be sent to the host 72 hours before the first event. Host will send confirmation of entries to each team for validation.
- f. In order to recognize each event, each gender in each event have at least two (2) schools and at least three (3) athletes for individual events and at least two (2) schools for relay events.
- g. In case of a small participation turnout for a certain event that had not met the above 2:3 rule, the host must immediately inform all participating schools which event has been cancelled the day after (first 48 hours) the deadline Final Entry Form date.
- h. Upon sending Final Entries 72 hours before, coaches can make changes up to 2 hours before first coaches meeting. Please see section 4. for schedule meeting times.
- i. The host will decide participation Entry Fees.

3.5. Team Scoring

Each athlete is entitled to earn team points toward Team Overall Standings with an exception of "unattached" athlete. Below is point scoring allocation for both individual and relay events. Points will be awarded based on the number of participating teams:

6 Teams or less		7 Teams or more	
Place	Points	Place	Points
1 st	10	1 st	10
2 nd	8	2 nd	8
3 rd	6	3 rd	6
4 th	4	4 th	5
5 th	2	5 th	4
6 th	1	6 th	3
		7 th	2
		8 th	1

3.6. Advancement Formula – Running Events

1-day schedule – 100m, 200m, 100m hurdles, and 110m hurdles will have two rounds (Preliminary and Finals).

2-day schedule – All running events except 800m, 1600m, 3200m, 4x400m relay and 4x800m relay will have two rounds (Preliminary and Finals).

The advancement formula depends on the number of heats and lanes. Below will indicate how many runners will advance to finals based on the number of lanes.

Formula:

# of Heats	6 Lanes	8 Lanes
2	Top 1 Each Heat plus Next 4 Best Times	Top 1 Each Heat plus Next 6 Best Times
3	Top 1 Each Heat plus Next 3 Best Times	Top 1 Each Heat plus Next 5 Best Times
4	Top 1 Each Heat plus Next 2 Best Times	Top 1 Each Heat plus Next 4 Best Times
5	<u>A & B Finals</u> Top 1 Each Heat plus Next 7 Best Times • A Finals – Top 1 Each Heat plus Next Fastest Time • B Finals – Next 6 Best Times	Top 1 Each Heat plus Next 3 Best Times
6	<u>A & B Finals</u> Top 1 Each Heat plus next 6 Best Times • Group A – Top 1 Each Heat • Group B – Next 6 Best Times	Top 1 Each Heat plus Next 2 Best Times
7	Top 6 Best Times	<u>A & B Finals</u> Top 1 Each Heat plus Next 9 Best Times • A Finals – Top 1 Each Heat plus Next Fastest Time • B Finals – Next 8 Best Times
8	Top 6 Best Times	<u>A & B Finals</u> Top 1 Each Heat plus Next 8 Best Times • A Finals – Top 1 Each Heat • B Finals – Next 8 Best Times
9	Top 6 Best Times	Top 8 Best Times

If there is 1 or 0 next best times is used, then 'A & B Finals' category will be used. This gives opportunity to athletes to showcase their "true colors" during the Finals.

A Finals

This will be categorized by place. The ordering for lane assignment will be as normal based on times. 'A' Finals will go last.

B Finals

This will be categorized by times. The ordering for lane assignment will be as normal based on times. 'B' Finals will go first.

If the number of heats is greater than the number of lanes, the best times will advance to Finals.

3.7. Advancement Formula – Field Events

A number of advancement for finals will be determined based on the number of participating teams.

Formula:

6 Teams or less	7 Teams or more
Top 7 advances to Finals	Top 9 advance to Finals

3.8. Starting Height (High Jump)

The majority of the coaches voted in the meeting on the day before will determine the starting height for boys/girls high jump. Also, determine the height increments as well.

3.9. Throwing Implements

- Rubber discus is not allowed in this event.
- Host must provide certified and approved throwing implements (at least 1 each of shot put, discus, and javelin) for the visiting teams.
- Host must inform and publish the brand and model names of the throwing implements.
- If visiting team decides to bring their own, then the personal throwing implements must be shared and made available to all other competitors until the end of the final.
- Weigh-in will begin 45 minutes before the event starts.

3.10. Scratch Policy

- For all entry scratches shall be held 30 minutes from first event for the day.
- Name changes or additions will not be allowed.
- Scratches or name adjustment throughout during the day of meet will not be allowed for any reasons. If athlete did not compete, the official final results will be entered as DNS (Did Not Start).
- In event of injury to an athlete and a substitute is desired to replace the injured athlete may be allowed only if the substitute athlete has not been listed in the limited 4 events rule as defined in section 3.4.b.

3.11. 4x200m Relay Markings

This only applies if the host's facility does not have start and exchange zones markings on track for 4x200m relay event. If this is the case, alternatively do the following designated markings below:

- Start will be on 4x400m relay markings (**blue**);
- 1st exchange zones will be on 4x100m relay markings (**yellow**);
- 2nd exchange zones will be on 4x400m relay markings (**blue**);
- Third leg runners stay on their assigned lanes until the **green** crossover line and may then move to inside lanes and;
- 3rd exchange zones will be on 4x100m relay markings (**yellow**).

Generally, in most states, the color blue refers to 4x400m markings and yellow refers to 4x100m markings. Crossover line for 800m / 4x400m / 4x800m is green line, sometimes white. If the colors differ as indicated above, please inform this during first meeting.

If above is applied, the Meet Records will not be eligible.

3.12. Protest Procedures

The procedures for lodging a protest are outlined as below:

- Any official protest must be submitted in writing on the Berg/Seeger Classic Protest Form.

- The form must be given to the Meet Director with \$50 in cash within 30 minutes after the official results are posted.

The procedures for reviewing a protest are outlined as below:

- The protest committee consists of Meet Director, appointed by the host committee chair, and USADTF representative.
- When reviewing, the cases of a general nature will be resolved in accordance as follows: 1.) this Berg/Seeger Classic general rules, 2.) host's State Association rules, and then 3.) NFHS rules.
- The Meet Director will be responsible for informing the appellant the outcome of the protest.

The deposit of \$50 will be returned to the appellant only if the protest is considered valid.

4. Scheduled Meetings

Coaches will meet at the designated location as notified by the host. The meeting will take place at least two (2) hours before the first meet begins.

Wrap up meeting will take place either before the finals or after the awards ceremony.

5. Meet Program and Heat Sheets

Meet Program (heats & lane assignments) will not be distributed until after first coaches meeting.

Preliminary heat sheets shall be posted in the morning prior the official kickoff of the meet. And final heat sheets shall be posted immediately after the conclusion of the last preliminary rounds.

6. Others

For all else not mentioned in this Berg/Seeger Classic General Rules document will be referred to host's state associations and NFHS rules and regulations respectively.

Please contact USADTF representative for any consult if needed.

Appendix 1 – Biography of Ruth T. Seeger and Thomas O. Berg



Ruth T. Seeger – Born on 20 May 1924 in Rochester, Minnesota. She was always a tomboy growing up. As an adolescent, she saw Babe Didrickson compete and was from that point on, hooked on athletics. Seeger taught track and physical education at TSD for 36 years, and is the namesake of TSD's Seeger Gym. She established the Girls Athletics Association and formed the first girl's track, volleyball and softball teams. Over the years, her students accumulated a total of 34 medals competing at the World Games for the Deaf, and Seeger was the U.S. women's track coach for the games in '65, '69, '73, '77 and '85. Seeger has won her share of medals over the years as well, totaling over 300. Most recently in discus and long jump, Seeger took gold in her age group at the 2005 Summer National Senior Games. In 1998, she was inducted into the Texas Senior Olympics Hall of Fame. She died peacefully from this world on 13 April 2014 at the age of 89.



Thomas O. Berg – Born on 15 February 1922 in Butte, Montana. Thought to be "the greatest coach in deaf track and field history", discovered his passion for sports in the early 1940's while in college. Berg coached university sports for more than 30 years and was handpicked to coach the track and field team at the US International Games for the Deaf in Milan in 1957. He was also the head track coach for the USA World Games for the Deaf in '61, '69, '73, '77 and '89. He was the first chairman of the Deaf Athletics Federation of United States (DAFUS), and was nationally accepted among hearing and deaf coaches as a leader in many national sports organizations. Berg's athletes over the years won a number of medals and he himself was the recipient of many awards, including the Knute Rockne College Track Coach of the Year in 1962, and the Art Kruger Service Award from the USA Deaf Sports Federation in 1985. He lived through a long life till the age of 87. He passed away on 28 September 2009. On

17 April 2012, Gallaudet University Athletics Department held a luncheon and ribbon cutting ceremony to honor Berg by naming the track in his name, Thomas O. Berg Track at Hotchkiss Field.

Appendix 2 – History of Berg/Seeger Classic

Date	Edition	Host	# of Schools	# of Athletes
5 April 2008	1 st	Texas School for the Deaf – Austin, TX	12	139
17-18 April 2009	2 nd	Texas School for the Deaf – Austin, TX	9	102
16-17 April 2010	3 rd	Model Secondary School for the Deaf – Washington, DC	10	126
15-16 April 2011	4 th	Indiana School for the Deaf – Indianapolis, IN	15	187
20-21 April 2012	5 th	Arizona State Schools for the Deaf and the Blind – Tucson, AZ	14	132
11 May 2013	6 th	Minnesota State Academy for the Deaf – Faribault, MN	9	94
12 April 2014	7 th	Kentucky School for the Deaf – Danville, KY	16	211
18 April 2015	8 th	Kentucky School for the Deaf – Danville, KY	14	192
23 April 2016	9 th	Texas School for the Deaf – Austin, TX	19	224
08 April 2017	10 th	Texas School for the Deaf – Austin, TX	17	225
14 April 2018	11 th	California School for the Deaf – Fremont, CA	21	223
06 April 2019	12 th	California School for the Deaf – Fremont, CA	19	220
2020 & 2021	Canceled due to COVID-19 impact			
09 April 2022	13 th	Texas School for the Deaf – Austin, TX		

Appendix 3 – History of Past Team Champions and Individual Winners

Ruth T. Seeger Award

Year	Team Overall Champions	Best Track Athlete	Best Field Athlete	All Around Athlete
2019	Texas School for the Deaf	Rajena Guettler (SR) Maryland	Ashlene Etkie (JR) Texas	Cassidy Perry (SR) Maryland
2018	Texas School for the Deaf	Jaida Scott (JR) Texas	Daijuna Williams (SR) Fremont	Ashlene Etkie (SO) Texas
2017	Texas School for the Deaf	Jaida Scott (SO) Texas	Daijuna Williams (JR) Fremont	Cassidy Perry (SO) Maryland
2016	Maryland School for the Deaf	Shanieka Coleman (SR) Mississippi	Emelia Beldon (JR) Maryland	Daijuna Williams (SO) Fremont
2015	Maryland School for the Deaf	Shanieka Coleman (JR) Mississippi	Isabella Paulone (SO) Indiana	Daijuna Williams (FR) Fremont
2014	Minnesota State Academy for the Deaf	Shanieka Coleman (SO) Mississippi	Ruth Ballentine (JR) Minnesota	Kori Koss (SR) Wisconsin
2013	Minnesota State Academy for the Deaf	Shellane McKitty (SR) New York – Fanwood	Tabitha Anderson (JR) Minnesota	Simone James (JR) Indiana
2012	Model Secondary School for the Deaf	Elissa Letendre (SR) Learning Center	Lori Eldred (JR) Model	Sabina Shysh (SO) Arizona
2011	Minnesota State Academy for the Deaf	Elissa Letendre (JR) Learning Center	Amanda Feliciano (JR) Wisconsin	Jasilyn Williams (JR) Texas
2010	Maryland School for the Deaf	Elissa Letendre (SO) Learning Center	Jessica Ginyard (SO) Pennsylvania	Claire Tucker (JR) Maryland
2009	Maryland School for the Deaf	Paige Brewer (FR) Maryland	Michele Giterman (SR) Texas	-
2008	Model Secondary School for the Deaf	Keisha Howard (SR) Riverside	Erin Phillips (SR) Louisiana	-

Thomas O. Berg Award

Year	Team Overall Champions	Best Track Athlete	Best Field Athlete	All Around Athlete
2019	Texas School for the Deaf	Miguel Pavao (JR) Maryland	Calel Arambales (JR) Fremont	Kenmarkis Meeks (SR) Mississippi
2018	Texas School for the Deaf	Jadan Anderson (SR) Texas	Calel Arambales (SO) Fremont	Kenmarkis Meeks (JR) Mississippi
2017	Maryland School for the Deaf	Brady Perry (JR) Maryland	Calel Arambales (FR) Fremont	Egan Seremeth (SR) Maryland
2016	Minnesota State Academy for the Deaf	Bobga Tete (JR) Maryland	Kyrell Cummings (JR) Minnesota	Anthony Barger (SR) Minnesota
2015	Minnesota State Academy for the Deaf	Gashaw Duhamel (JR) Model	Garrett Springer (SR) Minnesota	Zachary Richardson (SO) Texas
2014	Minnesota State Academy for the Deaf	Gashaw Duhamel (SO) Tennessee	Garrett Springer (JR) Minnesota	Nick Jones (SR) Missouri
2013	Minnesota State Academy for the Deaf	Taylor Pierce (SO) Minnesota	Shaun Novella (SR) Minnesota	Malcolm Harris (SR) Oregon
2012	California School for the Deaf – Fremont	Mohamed Kamara (SR) Maryland	Gregory Spriggs-Cudjo (SR) Fremont	Taylor Koss (SR) Wisconsin
2011	Texas School for the Deaf	Trey Gordon (SR) Unattached	Jonathan Ford (JR) Texas	Taylor Koss (JR) Wisconsin
2010	Texas School for the Deaf	Kyle Winter (JR) Texas	Patrick Jennison (SR) Wisconsin	Jay Hill (SR) Texas
2009	California School for the Deaf – Fremont	Tony Guido (SR) Fremont	Marcus Gentry (JR) Texas	-
2008	Texas School for the Deaf	Delvin Furlough (SR) Texas	Jamie Hill (SR) Alabama	-

Appendix 4 – Competition Schedule

1-Day Schedule	2-Day Schedule
<u>Saturday 9:00am</u>	<u>Friday 6:00pm</u>
3200m (Boys following Girls) Finals	Long Jump (Boys following Girls) Finals
Triple Jump (Boys following Girls) Finals	Shot Put (Boys) Finals
Shot Put (Boys following Girls) Finals	Discus Throw (Girls) Finals
Discus Throw (Girls following Boys) Finals	
Long Jump (Boys following Girls) Finals	<u>(Boys following Girls)</u>
	4x100m Relay Preliminary
	100m Hurdles Preliminary
	110m Hurdles Preliminary
	100m Preliminary
	3200m Finals
	4x200m Relay Preliminary
	400m Preliminary
	300m Hurdles Preliminary
	200m Preliminary
<u>Saturday 9:30am</u>	
High Jump (Boys following Girls) Finals	
<u>Saturday 11:00am (approximate)</u>	
<u>(Boys following Girls)</u>	
4x200m Relay Finals	
4x800m Relay Finals	
<u>During Lunch Break</u>	
AWARDS CEREMONY (from Saturday morning finals)	<u>Saturday 9:00am</u>
<u>Saturday 1:30pm</u>	Triple Jump (Girls following Boys) Finals
<u>(Boys following Girls)</u>	Shot Put (Girls) Finals
100m Preliminary	Discus Throw (Boys) Finals
100m Hurdles Preliminary	High Jump (Boys following Girls) Finals
110m Hurdles Preliminary	
200m Preliminary	<u>Saturday 11:00am</u>
<u>Break – 30 minutes</u>	<u>(Boys following Girls)</u>
100m Hurdles Finals	4x200m Relay Finals
110m Hurdles Finals	4x800m Relay Finals
100m Finals	
1600m Finals	<u>Saturday 2:00pm</u>
4x100m Relay Finals	<u>(Boys following Girls)</u>
400m Finals	100m Hurdles Finals
300m Hurdles Finals	110m Hurdles Finals
800m Finals	100m Finals
200m Finals	1600m Finals
<u>Break – 15 minutes</u>	4x100m Relay Finals
4x400m Relay Finals	400m Finals
AWARDS CEREMONY (from Saturday afternoon finals)	300m Hurdles Finals
	800m Finals
	200m Finals
	<u>Break – 15 minutes</u>
	4x400m Relay Finals
	AWARDS CEREMONY
<ul style="list-style-type: none"> If host have two (2) separate jumping pits, the schedule will put long jump (boys) and triple jump (girls) first. Then long jump (girls) and triple jump (boys) will follow. If host wish to include javelin, the schedule will put javelin in the afternoon. 	<ul style="list-style-type: none"> If host have two (2) separate jumping pits, the schedule will put long jump (boys) and triple jump (girls) on Friday. Long jump (girls) and triple jump (boys) on Saturday. If host wish to include javelin, the schedule will put javelin on Saturday afternoon.

Appendix 5 – Track & Field Events

Boys	Girls
100m	100m
200m	200m
400m	400m
800m	800m
1600m	1600m
3200m	3200m
110m Hurdles	100m Hurdles
300m Hurdles	300m Hurdles
*400m Hurdles	*400m Hurdles
Long Jump	Long Jump
*Triple Jump	*Triple Jump
High Jump	High Jump
Shot Put	Shot Put
Discus	Discus
*Javelin	*Javelin
4x100m Relay	4x100m Relay
*4x200m Relay	*4x200m Relay
4x400m Relay	4x400m Relay
*4x800m Relay	*4x800m Relay

* Some events are not allowed upon host's State Association rules

Appendix 6 – Recommended Standards

Below chart displays two columns of first (1st) place average and the recommended standards for athletes. This is a base guideline to help coaches who have never experience Berg/Seeger Classic before. The standard chart is compiled based on first (1st) place averages from the last five (5) years Berg/Seeger Classic held. The 25% reduction applied to the averages which are the established recommend standards.

Event	Boys		Girls	
	1 st Place Average	Recommend Standard	1 st Place Average	Recommend Standard
100m	11.24	14.06	12.94	16.18
200m	23.15	28.94	27.33	34.17
400m	51.22	1:04.03	1:05.50	1:21.88
800m	2:14.03	2:47.53	2:56.03	3:40.03
1600m	5:00.51	6:15.64	6:42.50	8:23.13
3200m	10:40.90	13:21.13	14:31.16	18:08.95
100m Hurdles			17.48	21.85
110m Hurdles	16.28	20.36		
300m Hurdles	43.85	54.82	52.15	1:05.18
Long Jump	20' 3 1/2"	15' 2 1/2"	15' 11 1/2"	11' 11 3/4"
Triple Jump	39' 10 3/4"	29' 11"	33' 1 1/4"	24' 10"
High Jump	5' 9 1/2"	4' 4 1/4"	4' 7 1/2"	3' 5 1/2"
Shot Put	45' 8 1/2"	34' 3 1/4"	30' 4 1/4"	22' 9 1/4"
Discus	135' 10"	101' 10"	89' 11"	67' 5"
4x100m Relay	45.76	57.21	53.07	1:06.33
4x200m Relay	1:35.86	1:59.83	1:56.81	2:26.01
4x400m Relay	3:52.19	4:50.24	4:56.75	6:10.94
4x800m Relay	9:44.44	12:10.55	13:37.75	17:02.19

Appendix 7 – Revision History

Below is the version history how this document has evolved over the years.

- v1.0** -Implemented by USADTF with feedback from Jesse Bailey, Brian Bippus, Steven Fuerst, and Darrin Green (11 July 2008).
- v1.1** -Revised after coaches meeting in Austin, TX (18 April 2009)
- v1.2** -Revised after coaches meeting in Washington, DC (25 April 2010)
- v1.3** -Revised after coaches meeting in Indianapolis, IN (22 April 2011)
- v1.4** -Revised after coaches meeting in Tucson, AZ (24 April 2012)
- v1.5** -Revised after Berg/Seeger committee meeting in Faribault, MN (14 May 2013)
- v1.6** -Revised after email ballot from participating schools based on issues in Danville, KY (21 April 2014)
- v2.0** -Revised after coaches meeting in Austin, TX (22 April 2016). Split Berg/Seeger Guidelines into two documents: Host Guidelines and General Rules
- v2.1** -Revised 4x200m relay markings and updated history of Berg/Seeger Classic, past team champion, individual winners, and recommended standards (22 April 2018)
- v2.2** -Update history and winners (04 June 2021)