

2004 Prep Best Performance – Boys

100m

Terrell Sumers	Louisiana	11.0
Ricky Gadsden	South Carolina	11.0
Lacedrix Brown	Illinois	11.1
James Markel, Jr.	Maryland	11.2
Brown	Mississippi	11.3
Terry Bennett	South Carolina	11.3

200m

Darrin Gaines	Florida	22.9
Terrell Sumers	Louisiana	23.1
Ricky Gadsden	South Carolina	23.1
Lacedrix Brown	Illinois	23.1
Michael Storm	Kansas	23.5
Osborne	Texas	23.5

400m

Darrin Gaines	Florida	52.2
Lacedrix Brown	Illinois	53.4
Eldin Dorn	Iowa	53.6
Walker	South Carolina	53.8
Riley	California - Riverside	53.8
Tim Head	America	54.1

800m

Johnny Evans	Texas	2:06.8
Martinez	California - Riverside	2:08.5
Van Dalen	Indiana	2:08.5
Bradley Gantt	Indiana	2:08.9
Estep	Oklahoma	2:10.0
Kelly Birch	Kansas	2:12.3

1600m

Graham McGrath	Florida	4:49.3
Bradley Gantt	Indiana	4:53.1
Martinez	California - Riverside	4:54.0
Brian Greco	Illinois	5:01.4
Cory Moorhead	Missouri	5:06.5
Mowl	Indiana	5:09.0

3200m

Graham McGrath	Florida	10:55.6
Martinez	California - Riverside	11:13.5
Bradley Gantt	Indiana	11:16.0
Kelly Birch	Kansas	11:23.4
Mowl	Indiana	11:26.0
Brian Greco	Illinois	11:26.4

110m Hurdles

Terrell Sumers	Louisiana	15.5
Anthony Baskin	St. Mary's	15.6
Zalewski	Illinois	15.8
Ben Taylor	Indiana	16.3
Daniel Absher	Florida	16.6
Avery Montgomery	Maryland	16.7

300m Hurdles

Dedrick Simpson	South Carolina	41.1
Daniel Absher	Florida	42.2
James Markel, Jr.	Maryland	42.5
Ben Taylor	Indiana	42.9
Zalewski	Illinois	43.1
Owen Johnson	Western Pennsylvania	44.3

High Jump

Edlin Dorn	Iowa	6' 4"
Anthony Baskin	St. Mary's	6' 2"
Durham	Mississippi	6' 2"
Darrin Gaines	Florida	6' 1"
Weir	California - Riverside	6' 1"
Roman Drymalski	Wisconsin	6' 1"

Long Jump

Lacedrix Brown	Illinois	21' 7"
Brown	Mississippi	21' 1"
Xavier Williams	South Carolina	20' 10"
Terrell Sumers	Louisiana	20' 8"
Davon Cook	Maryland	20' 7"
Wesley Diaz	Texas	20' 7"

Triple Jump

Terrell Sumers	Louisiana	44' 4"
Durham	Mississippi	42' 6"
Anthony Baskin	St. Mary's	41' 4"
Wesley Diaz	Texas	40' 7"
Tim Head	American	40' 5 ½"
Willie Finch	Texas	40' 5"

Pole Vault

Clayton Anderson	Indiana	11' 6"
DuPlessis	Indiana	9' 6"
Ben Taylor	Indiana	9' 6"
Mowl	Indiana	8' 6"
Pfaff	Indiana	7' 6"

Shot Put

Donquell Ratliff	Louisiana	43' 4"
Andre Watley	Maryland	41' 8"
Hall	Mississippi	41' 1"
Randy Munns	Wisconsin	41' 0"
Jacobs	Texas	40' 6"
Anthony Jones	Florida	40' 5"

Discus

Anthony Jones	Florida	130' 6"
Anton Parker	Illinois	128' 11"
Hall	Mississippi	112' 10"
Ruddy	Indiana	111' 8"
Matt Ebanks	American	110' 7"
Joel LaBoy	St. Mary's	108' 6"

Javelin

Eric Diaz	Kansas	118' 0"
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400m Relay

South Carolina	44.9
Texas	45.3
California - Fremont	46.0
Maryland	46.1
Mississippi	46.4
Kansas	47.0
Illinois	47.0

800m Relay

Illinois	1:36.1
Texas	1:38.5
Mississippi	1:39.2
Maryland	1:40.4
Kansas	1:43.7
Minnesota	1:44.4

1600m Relay

Texas	3:38.1
South Carolina	3:41.7
Illinois	3:43.4
Indiana	3:48.8
California - Riverside	3:48.9
Mississippi	3:49.2

3200m Relay

Illinois	9:00.9
Indiana	9:09.0
Oklahoma	9:27.3
Texas	9:38.3
Missouri	9:56.0
Kansas	10:01.5

Boys Team Final Standings

1.	Illinois	77.5
2.	Florida	63.3
3.	South Carolina	53.5
4.	Indiana	52
5.	Texas	50
6.	Louisiana	49
7.	Mississippi	45.5
8.	Maryland	28.5
9.	California - Riverside	28.3
10.	St. Mary's	22
11.	Iowa	16
12.	Kansas	10
13.	Oklahoma	8
14.	Wisconsin	6.3
15.	California - Fremont	6
16.	American	5
17.	Missouri	4
18.	Western Pennsylvania	1
18.	Minnesota	1

2004 Prep Best Performance – Girls

100m

Shana Lehmann	Maryland	12.7
Scott	Mississippi	12.7
Zenda Davis	Alabama	12.8
Secret Lesene	South Carolina	12.9
Jaleesa Smith	Louisiana	13.1
April Thomas	Louisiana	13.3

200m

Shana Lehmann	Maryland	26.4
Secret Lesene	South Carolina	26.5
Scott	Mississippi	26.6
Zenda Davis	Alabama	27.0
Sterling	Texas	28.1
Krieger	Indiana	28.3

400m

Shana Lehmann	Maryland	59.6
Krieger	Indiana	1:04.6
Krieger	Indiana	1:05.0
Brittany Ellenbecker	Minnesota	1:06.0
Jada Hart	Iowa	1:07.9
Johnson	South Carolina	1:08.8
April Thomas	Louisiana	1:08.8

800m

Krieger	Indiana	2:36.1
Charissa Hottle	Minnesota	2:36.9
Shelly	Indiana	2:45.8
Amber Harris	Florida	2:50.1
Krieger	Indiana	2:51.0
Rachel Steingieser	Maryland	2:51.6

1600m

Shelley	Indiana	6:00.2
Krieger	Indiana	6:08.0
Rachel Steingieser	Maryland	6:21.0
Janna Erlandson	Minnesota	6:24.0
Amber Harris	Florida	6:24.7
Anne Greener-Hage	Maryland	6:30.0

3200m

Shelley	Indiana	13:44.4
Trisha Swartz	Florida	14:11.0
Rachel Steingieser	Maryland	14:16.6
Kirsten Pudas	Minnesota	14:29.4
Liz Gramblin	Iowa	15:43.5
Agnieszka Skrzypek	American	16:36.0

100m Hurdles

Masha Lahun	Maryland	16.3
Paulone	Indiana	17.1
Ashley Griffin	California - Fremont	17.4
Nemer	Indiana	18.0
Q'Quinn	Mississippi	18.1
Smith	South Carolina	18.4

300m Hurdles

Brittany Ellenbecker	Minnesota	50.92
Paulone	Indiana	51.4
Masha Lahun	Maryland	52.4
O'Quinn	Mississippi	54.0
Karina Reed	American	54.2
Ebony King	Florida	54.4

High Jump

Ashley Griffith	California - Fremont	5' 4"
Scott	Mississippi	5' 2"
Krystle Berrigan	Maryland	5' 0"
Jada Hart	Iowa	4' 10"
Paulone	Indiana	4' 8"
Nemer	Indiana	4' 8"

Long Jump

Ashley Griffin	California - Fremont	15' 10"
Brittany Ellenbecker	Minnesota	15' 9 ½"
Johnika Aaron	Alabama	15' 0"
Krystle Berrigan	Maryland	14' 10"
Secret Lesene	South Carolina	14' 8"
Shana Livingstone	American	14' 6 ¾"

Triple Jump

Krystle Berrigan	Maryland	31' 0 ½"
Andrea Aquilino	Western Pennsylvania	29' 7 ½"
Rachel Benedict	Maryland	29' 3 ¾"
Tomeika Stallworth	Alabama	28' 11"
Shana Livingstone	American	28' 5"
Nora Torres	California - Riverside	26' 0 ½"

Pole Vault

Jeter	Indiana	6' 6"
Paulone	Indiana	6' 0"
Shelly	Indiana	5' 6"

Shot Put

Adonica Harris	Maryland	35' 7 ½"
Watkins	Indiana	35' 4 ½"
Candace Frank	Louisiana	33' 4"
Katie Romey	Iowa	31' 4 ½"
Hayes	Indiana	31' 2"
Gray	Mississippi	31' 1"

Discus

Rockow	West Virginia	112' 7"
Thomas	Louisiana	95' 0"
Katie Romey	Iowa	92' 5"
Katie Lechner	Indiana	92' 2 ¼"
Adonica Harris	Maryland	91' 6"
Davidson	Texas	79' 4"

Javelin

Smith	Louisiana	98' 0"
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400m Relay

Maryland	52.9
Alabama	53.0
Mississippi	54.1
Indiana	54.5
South Carolina	55.2
Texas	55.6

800m Relay

Mississippi	1:53.0
Indiana	1:56.6
Maryland	1:57.4
Texas	2:01.0
Minnesota	2:03.5

1600m Relay

Indiana	4:26.4
Alabama	4:35.0
Florida	4:47.0
California - Riverside	4:53.8
Minnesota	4:54.2
American	5:31.0

3200m Relay

Indiana	11:10.0
Florida	12:03.0

Girls Team Final Standings

1.	Indiana	136
2.	Maryland	97
3.	Mississippi	46
4.	Minnesota	42
5.	Alabama	36
6.	California - Fremont	26
7.	Florida	21
8.	Iowa	18
9.	South Carolina	17.5
9.	Louisiana	17.5
11.	West Virginia	10
12.	Texas	8
12.	Western Pennsylvania	8
14.	American	7
15.	California - Riverside	5