

1996 Prep Best Performance – Boys

100m

John Barlow	Texas	10.98
Robert Parker	Missouri	11.0
Carlos Stennett	Texas	11.2
Eric Hameister	Wisconsin	11.2
Antoine McCullough	South Carolina	11.3
Paul Whetstone	South Carolina	11.3
Ingram	Tennessee	11.3

200m

Robert Parker	Missouri	22.8
Derrick Johnson	Alabama	23.01
John Barlow	Texas	23.1
Thomas Darden	Rhode Island	23.3
D. Braxton	Louisiana	23.4
Choate	South Carolina	23.5

400m

Carlos Stennett	Texas	50.6
Derrick Johnson	Alabama	51.6
Thomas Darden	Rhode Island	52.8
Preston Ponder	Missouri	53.0
David Webster	Indiana	53.4
McBride	Louisiana	53.6

800m

Jesus Rosales	Texas	2:00.9
David McFee	Florida	2:07.7
Byron Sincox	Louisiana	2:08.3
Jason Miller	Montana	2:10.0
James Lister	Washington	2:10.2
David Webster	Indiana	2:11.2

1600m

James Lister	Washington	4:39.8
David McFee	Florida	4:42.3
Byron Sincox	Louisiana	4:43.9
Jesus Rosales	Texas	4:46.6
Chris Somnitz	Ohio	4:50.0
Trent Comeaux	Louisiana	4:57.9

3200m

James Lister	Washington	10:12.7
Jesus Rosales	Texas	10:26.3
Byron Sincox	Louisiana	10:51.7
Chris Somnitz	Ohio	11:05.0
Trent Comeaux	Louisiana	11:09.6
Rusty Ormsby	St. Mary's	11:09.8

110m Hurdles

J.C. Fleming	Alabama	16.0
Waymon Watkins	Indiana	16.5
Antoine McCullough	South Carolina	16.5
Managham	Ohio	16.6
Preston Ponder	Missouri	17.0
Forgy	Illinois	17.2

300m Hurdles

T. Crumpton	Alabama	41.7
Derrick Parker	Texas	41.7
Deon Anderson	Texas	42.8
Cory Hall	Florida	43.4
Adam Moyer	Western Pennsylvania	43.8
J.C. Fleming	Alabama	44.1

High Jump

Kevin Kimbrel	Arkansas	6' 6"	State Champion
Thomas Darden	Rhode Island	6' 6"	
Andy Gabel	Illinois	6' 4"	
Robert Parker	Missouri	6' 2"	
Adam Moyer	Western Pennsylvania	6' 1"	
Cory Hall	Florida	6' 0"	

Long Jump

Orlando Berry	Mississippi	21' 1"	State Champion
Kevin Kimbrell	Arkansas	20' 10 1/4"	
Jackson	Alabama	20' 7 3/4"	
T Crumpton	Alabama	20' 7 1/4"	
Bibb	Alabama	20' 7"	
D. Braxton	Louisiana	20' 5"	

Triple Jump

Thomas Darden	Rhode Island	45' 2 1/2"	State Champion
Adrian Johnson	Texas	42' 4 1/2"	
Bibb	Alabama	41' 10"	
T. Crumpton	Alabama	41' 6"	
Jason Valentine	Wisconsin	41' 5"	
Cory Hall	Florida	40' 5"	

Pole Vault (insufficient entries)

Vincent	Indiana	11' 6"
Smith	Indiana	9' 6"
Nezir Neziri	Texas	9' 6"
Waymon Watkins	Indiana	9' 0"

Shot Put

Isaiah Boyd	Alabama	47' 7"
Dean	Mississippi	45' 7"
Trent	Ohio	43' 0"
Lowe	Illinois	42' 3"
Smith	South Carolina	41' 11 1/2"
George Southard	Marie Katzenbach	41' 7"

Discus

Isaiah Boyd	Alabama	137' 6"
Rivers	Louisiana	130' 11"
Lowe	Illinois	128' 5"
Harvil	South Carolina	127' 0 ½"
Dean	Mississippi	123' 7"
George Southard	Marie Katzenbach	118' 9"

Javelin

Eric LeFors	Louisiana	162' 0"	New Prep Deaf School Record
George Southard	Marie Katzenbach	138' 9"	
Morgan	Texas	134' 1"	
Sweet	Texas	124' 9"	
Jason Wilson	Rhode Island	110' 0"	
Powell	Louisiana	106' 1"	

400m Relay

Jason Hodges	Texas	43.8
Carlos Stennett		
Derrick Parker		
John Barlow		
	South Carolina	44.9
	Louisiana	45.1
	Alabama	45.4
	Florida	45.4
	Maryland	46.1

800m Relay

	Missouri	1:34.0
	Louisiana	1:35.4
	Illinois	1:36.7
Derrick Parker	Texas	1:37.1
Adrian Johnson		
Deon Anderson		
James Hendrix		
	Maryland	1:37.8
Eric Hameister	Wisconsin	1:38.86
Dan Burton		
Justin Vollmar		
Matt Fowler		

1600m Relay

Derrick Parker	Texas	3:29.2
John Barlow		
Jesus Rosales		
Carlos Stennett		
	Alabama	3:40.1
	Louisiana	3:40.4
Seth Shannon	Missouri	3:45.5
Preston Ponder		
Robert Parker		
Nick White		
	Florida	3:48.8
	Indiana	3:49.8

3200m Relay

J. Rogers	Florida	9:04.65
E. Hipp		
Redlon		
David McFee		
	Alabama	9:23.0
	Illinois	9:24.3
	Indiana	9:26.5
	Tennessee	9:35.0
D. Kangas	Wisconsin	9:48.87
D. Lute		
Dan Burton		
Brad Burgan		

Team Scores

Texas	109
Alabama	97
Louisiana	64
Missouri	43
Florida	37
Rhode Island	31
Illinois	29
South Carolina	24
Washington	22
Mississippi	20
Arkansas	17
Ohio	16
Indiana	15
Marie Katzenbach	10
Wisconsin	9
Western Pennsylvania	4
Montana	4
Maryland	3
Tennessee	3
St. Mary's	1
American, Colorado, Kentucky, Learning Center, Minnesota, New York, New York State, North Dakota, & California – Riverside	0

1996 Prep Best Performance – Girls

100m

L. Jones	South Carolina	12.7	
Linda Williams	Arkansas	13.0	State Champion
J. Smith	South Carolina	13.1	
Brown	Arkansas	13.4	
Montgomery	Texas	13.4	
T. Mitchell	Louisiana	13.5	

200m

L. Jones	South Carolina	27.3
Jenny Locy	Florida	27.26
T. Mitchell	Louisiana	27.7
J. Smith	South Carolina	28.1
Linda Williams	Arkansas	28.3
Montgomery	Texas	28.6

400m

Jenny Locy	Florida	1:03.1
Stacey DeLaune	Louisiana	1:04.0
Linda Williams	Arkansas	1:05.8
D. Sykes	Alabama	1:06.0
Nada Thomas	Missouri	1:06.8
Amanda Kovacs	Western Pennsylvania	1:08.1

800m

Amy Granger	Louisiana	2:45.0
Stacey DeLaune	Louisiana	2:47.1
Misty Morris	Missouri	2:48.2
J. Lee	Louisiana	2:48.9
Kimberly Fuller	Montana	2:52.0
Sandy Sloat	Missouri	2:52.6

1600m

Misty Morris	Missouri	6:06.1
Kimberly Fuller	Montana	6:09.0
Stacey DeLaune	Louisiana	6:11.6
J. Lee	Louisiana	6:18.3
Julie Bourne	Maryland	6:32.0
Amber Stanton	Western Pennsylvania	6:38.0

3200m

Sandy Sloat	Missouri	13:15.0
J. Lee	Louisiana	13:52.3
Stacey DeLaune	Louisiana	14:15.9
Amanda Gilmore	Missouri	14:44.2
Bailey	Illinois	15:16.1
R. Willett	South Carolina	15:19.9

100m Hurdles

Nicole O'Bryan	Louisiana	18.0
LaToya Plummer	Maryland	18.5
Turnley	Indiana	19.4
Toronja Williams	American	19.4
J. Gordon	Florida	19.4
J. Delanne	Louisiana	19.8

300m Hurdles

LaToya Plummer	Maryland	53.2
Toronja Williams	American	55.8
T. Escalara	Florida	58.1
Cooper	Indiana	58.2
Turnley	Indiana	59.4
W. Beauchamp	Florida	59.6

High Jump

D. Sykes	Alabama	4' 11"
Easterling	Arkansas	4' 10"
Cooper	Indiana	4' 10"
Audris Harris	Maryland	4' 10"
R. Richardson	Alabama	4' 9"
Crystal Bigelow	American	4' 8"
Nada Thomas	Missouri	4' 8"

Long Jump

Nicole O'Bryan	Louisiana	16' 1"
Brown	Arkansas	15' 2"
LaToya Ervin	Texas	14' 11"
D. Sykes	Alabama	14' 10 ½"
Smith	South Carolina	14' 3"
Amanda Kovacs	Western Pennsylvania	14' 2"

Triple Jump

Nicole O'Bryan	Louisiana	32' 2"
Amanda Kovacs	Western Pennsylvania	30' 7"
LaToya Ervin	Texas	30' 3 ½"
Chantel Ganaway	Missouri	28' 11"
Crystal Bigelow	American	28' 5 ½"
Siegel	Illinois	28' 1"

Shot Put

Ajah Peterson	Minnesota	35' 6 ½"
Du'Wycia Wilson	Indiana	34' 9 ½"
Nicole O'Bryan	Louisiana	32' 6"
Burkhart	Indiana	31' 10"
Cassey Ellis	Learning Center	31' 10"
Tina Bracey	South Carolina	31' 7"

Discus

Du'Wycia Wilson	Indiana	107' 4"
Burkhart	Indiana	87' 4"
Berry	Illinois	86' 11"
Reis	Indiana	86' 7"
Joy Maisel	Maryland	84' 11"
S. Clark	Florida	84' 9 1/2"

Javelin (insufficient entries)

Nicole O'Bryan	Louisiana	119' 9"
A. Lyons	Louisiana	76' 9"

400m Relay

J. Dennis L. Bolden J. Smith L. Jones	South Carolina	53.8
S. Robertson S. Edwards L. King Brown	Mississippi	54.3
J. Gorden T. Escalara Jenny Locy K. Granger	Florida	54.69
	Texas	54.8
Shamika Ducre T. Mitchell T. Vernon J. Delanne	Louisiana	55.3
	Arkansas	55.4

800m Relay

S. Robertson S. Edwards L. King Brown	Mississippi	1:54.7
J. Delanne Durne T. Vernon T. Mitchell	Louisiana	1:56.8
	Arkansas	1:59.1
	Maryland	2:03.5
	American	2:04.0
	North Dakota	2:04.3

1600m Relay

Jenny Locy T. Escalera K. Granger J. Gorden	Florida	4:34.01
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	Louisiana	4:40.4
	South Carolina	4:58.3
	Mississippi	5:05.0
Kerry Anderson	American	5:06.0
Nakeisha Clark		
Chaya Adams		
Toronja Williams		
	Alabama	5:06.0
3200m Relay		
	Missouri	11:15.0
F. Gober	Florida	12:31.85
J. Wilkes		
C. McKinney		
J. Benitz		
	Illinois	13:07.6
	Western Pennsylvania	13:36.9
	Alabama	13:41.0
	Maryland	13:43.0
Team Scores		
Louisiana		116
Florida		55
South Carolina		49
Indiana		49
Missouri		47.5
Arkansas		40
Maryland		33
Alabama		23.5
Mississippi		22
Texas		20
American		18
Illinois		15
Western Pennsylvania		15
Minnesota		10
Montana		10
Learning Center		3
North Dakota		1
Colorado, Marie Katzenbach, New York, Ohio, California – Riverside, & St. Mary's		0