

1989 Prep Best Performance – Boys

100m

Michael Singleton	Texas	10.8
DeShane Roberts	Indiana	10.8
James Mims	Louisiana	10.9
Michael Arrington	Florida	11.0
Sean Byrum	Indiana	11.1
Reeves	Texas	11.2
Brown	Tennessee	11.2
Merrill Samuels	California – Fremont	11.2

200m

James Mims	Louisiana	22.1
DeShane Roberts	Indiana	22.5
Michael Singleton	Texas	22.5
Sean Byrum	Indiana	22.7
Merrill Samuels	California – Fremont	22.7
Willie Dowdy, Jr.	Indiana	22.8

400m

DeShane Roberts	Indiana	50.0	
Michael Arrington	Florida	50.1	Yards to metric conversion
Merrill Samuels	California – Fremont	50.8	
Sean Byrum	Indiana	51.4	
Jonathan Pitts	Maryland	51.5	
Willie Dowdy, Jr.	Indiana	51.6	

800m

Thomas Castelli	Ledo HS (FL)	1:56.3	Yards to metric conversion
Merrill Samuels	California – Fremont	1:57.2	
Steven Hubmer	Minnesota	2:00.02	
Tobin Daniels	Maryland	2:02.6	
Garvin	South Carolina	2:04.9	
Sean Blake	Arizona	2:05.4	
Klooster	Phoenix	2:05.4	

1600m

Thomas Castelli	Ledo HS (FL)	4:16.4	Yards to metric conversion
Tobin Daniels	Maryland	4:36.3	
Adrian Maldonado	Phoenix	4:38.59	
Sean Blake	Arizona	4:41.8	
La	California – Fremont	4:45.0	
Matt Gransalke	Wisconsin	4:46.6	
Chip Jones	Louisiana	4:47.3	

3200m

Thomas Castelli	Ledo HS (FL)	9:45.6	Yards to metric conversion
Adrian Maldonado	Phoenix	10:02.20	
Tobin Daniels	Maryland	10:10.7	
Hall	Alabama	10:33.2	
Chip Jones	Louisiana	10:34.1	
La	California – Fremont	10:45.8	
Alexander Hagedorn	Maryland	10:56.0	

110m Hurdles

James Mims	Louisiana	14.4	
Richard Noel	Indiana	14.5	
Willie Dowdy, Jr.	Indiana	14.8	
Vance Sewell	Texas	14.8	
Tracy Willis	Oklahoma	15.2	
Jonathan Hollis	Alabama	16.2	
Tommy Montgomery	Florida	16.2	Yards to metric conversion

300m Hurdles

Willie Dowdy, Jr.	Indiana	38.4
Richard Noel	Indiana	39.4
Walter Griffin	Indiana	41.3
Vance Sewell	Texas	41.7
Billy Warnock	Indiana	41.7
Charles Blackmon	Alabama	42.1

High Jump

Tommy Montgomery	Florida	6' 7 ¾"
Tracy Willis	Oklahoma	6' 6"
DeLoach	South Carolina	6' 3"
Jonathan Pitts	Maryland	6' 0"
Brockman	South Carolina	5' 11"
Crawford	Texas	5' 11"

Long Jump

Campbell	South Carolina	21' 10"
Willie Dowdy, Jr.	Indiana	21' 10"
James Mims	Louisiana	21' 9"
Tracy Willis	Oklahoma	21' 4"
Richard Noel	Indiana	21' 2 ¾"
Olds	South Carolina	20' 9 ¾"

Triple Jump

Michael Arrington	Florida	41' 9"
Nick Testone	American	39' 9 ½"
Branch	Colorado	39' 2"
Jonathan Hollis	Alabama	39' 2"
Lloyd Linton	New York	39' 2"
Troy Verner	Western Pennsylvania	39' 1"

Pole Vault

Charlton Bronner	Florida	13' 2 ½"
Boyd	Indiana	11' 6"
Brian Burns	California – Fremont	11' 0"
Miller	Indiana	10' 6"
John Layne	Kentucky	10' 6"
Chris Kern	Western Pennsylvania	10' 6"
Michael Arrington	Florida	10' 6"

Shot Put

LaMonte Newburn	Indiana	54' 3"
Brian Rogers	Maryland	46' 6"
Curtis Radford	Idaho	45' 2"
Jackson	Indiana	44' 10 ½"
Jamie Higgins	Oklahoma	44' 10 ½"
Fred Gardner	Alabama	44' 10 ½"

Discus

Hill	Texas	139' 0"
Jermaine Greene	South Carolina	130' 9 ¼"
LaMonte Newburn	Indiana	129' 5"
Prevot	Louisiana	125' 10 ½"
Russell Hoover	North Dakota	125' 10"
Jerry Heider	St. Mary's	120' 9"

Javelin

Salavn	Louisiana	154' 6"
Russell Hoover	North Dakota	144' 1"
Daily	Kansas	127' 9 ½"
Williams	Louisiana	102' 0"
Bradley	Oregon	94' 3"

400m Relay

Willie Dowdy, Jr.	Indiana	43.60	
Sean Byrum			
Walter Griffin			
Richard Noel			
	California – Fremont	44.5	
	Tennessee	44.7	
	South Carolina	45.1	
	Texas	45.2	
	Florida	45.4	Yards to metric conversion

800m Relay

Willie Dowdy, Jr.	Indiana	1:32.5
Sean Byrum		
Richard Noel		
DeShane Roberts		
	Tennessee	1:33.8
	Louisiana	1:37.8
	New York	1:38.1
	Iowa	1:39.5
	Kansas	1:40.0

1600m Relay

Indiana	3:24.7
California – Fremont	3:35.4
Florida	3:38.5
Texas	3:39.8
Phoenix	3:40.2
Alabama	3:41.8

Yards to metric conversion

3200m Relay

Alabama	9:01.4
Indiana	9:08.6
Maryland	9:23.6
South Carolina	9:33.3
North Carolina	9:36.2
Idaho	9:39.4

Team Scores

Indiana	154
Louisiana	61
Florida	51.2
California – Fremont	47.3
Maryland	45
Texas	41.8
South Carolina	37.5
Alabama	24.8
Phoenix	21.5
Oklahoma	16.3
Tennessee	14.3
North Dakota	10
America	8
Minnesota	8
New York	8
Arizona	7.5
Idaho	7
Kansas	7
Colorado	4
Western Pennsylvania	2.7
Iowa	2
North Carolina	2
Oregon	2
Wisconsin	2
Kentucky	1.7
St. Mary's	1
Austine	0
Boston	0
California – Riverside	0
Eastern North Carolina	0
Illinois	0
Missouri	0
Model	0
New Mexico	0
New York State	0
Scranton	0

1989 Prep Best Performance – Girls

100m		
Millie Williams	South Carolina	12.4
Puryear	Texas	12.6
Angela Roberts	North Carolina	12.6
Alisa Johnson	Tennessee	12.8
Katina Morrison	South Carolina	12.9
Kelly Cooper	Maryland	12.9
200m		
Millie Williams	South Carolina	25.9
Brigette Wilson	Florida	26.0
Angela Roberts	North Carolina	26.4
Katina Morrison	South Carolina	26.8
Tonia Washington	Alabama	27.0
Greggs	South Carolina	27.3
400m		
Millie Williams	South Carolina	1:00.3
Ann Smith	Maryland	1:03.0
Brunson	South Carolina	1:03.1
Binkley	South Carolina	1:04.9
Odessa Leeper	Model	1:06.1
Myra Martin	Arizona	1:08.2
Kincaid	North Carolina	1:08.2
800m		
Michelle Moore	Illinois	2:39.7
Shauna Wells	Idaho	2:43.5
Giles	Alabama	2:46.0
Boozer	South Carolina	2:49.9
Elzbieta Kaminski	Illinois	2:51.1
Polly Pywell	Kansas	2:51.2
1600m		
Wendy McCulley	Western Pennsylvania	5:59.0
Elzbieta Kaminski	Illinois	6:13.3
JoAnne Harris	Kansas	6:16.4
Norma Basaca	Arizona	6:17.1
Annette Burrell	Maryland	6:22.0
Carroll	Florida	6:25.4
3200m		
Wendy McCulley	Western Pennsylvania	13:02.6
Lisa Felter	Indiana	13:35.9
Williamson	South Carolina	13:46.7
JoAnne Harris	Kansas	13:52.0
Sheila Jakes	Minnesota	13:55.7
Joanna Hickenbottom	Tennessee	14:19.1

Yards to metric conversion

100m Hurdles

Daniel	Florida	16.9	Yards to metric conversion
Michelle Kerns	Kansas	17.1	
Tammy Gibson	Illinois	18.6	
Maxine Jordan	South Carolina	18.7	
Scott	South Carolina	19.1	
Tsai	California – Fremont	19.2	

300m Hurdles

Maxine Jordan	South Carolina	52.9	
Scott	South Carolina	53.4	
Tammy Gibson	Illinois	53.8	
Daniel	Florida	55.3	Yards to metric conversion
Bobbi Sue Renfrew	Maryland	57.1	
Polly Pywell	Kansas	57.2	

High Jump

Angela Roberts	North Carolina	5' 0"
Traci Morgan	Phoenix	5' 0"
Melissa John	St. Mary's	4' 8 ³ / ₄ "
Tammy Gibson	Illinois	4' 8"
Shauna Wells	Idaho	4' 7"
Kincaid	North Carolina	4' 6"
Jones	Alabama	4' 6"
Scott	South Carolina	4' 6"
Daniel	Florida	4' 6"
Kathy Rozanski	St. Mary's	4' 6"

Long Jump

Tammy Gibson	Illinois	16' 11"
Traci Morgan	Phoenix	15' 10 ¹ / ₂ "
Alisa Johnson	Tennessee	15' 9"
Katina Morrison	South Carolina	14' 9 ¹ / ₂ "
Maxine Jordan	South Carolina	14' 6 ¹ / ₄ "
Brigette Wilson	Florida	14' 4 ¹ / ₂ "
Scott	South Carolina	14' 4 ¹ / ₂ "

Triple Jump

Millie Williams	South Carolina	34' 3 ¹ / ₄ "
Sharon DiTondo	St. Mary's	31' 9 ¹ / ₂ "
Kincaid	North Carolina	28' 3"
Jestine Ward	Illinois	28' 1 ¹ / ₂ "
Mento	Western Pennsylvania	28' 1"
Bobbi Sue Renfrew	Maryland	28' 0"

Shot Put

Kimberly Bradshaw	St. Mary's	33' 10 ¹ / ₄ "
April Bippus	Indiana	32' 9"
Michelle Hames	Minnesota	32' 6"
Roxanne Ruiz	Phoenix	32' 0"
Desmith	South Carolina	31' 7 ¹ / ₂ "
Melissa John	St. Mary's	31' 0"

Discus

Desmith	South Carolina	98' 10 ½"
Roxanne Ruiz	Phoenix	94' 0"
April Bippus	Indiana	93' 3"
Price	Tennessee	90' 4"
Kimberly Bradshaw	St. Mary's	90' 3 ½"
Addison	South Carolina	89' 11 ½"

Javelin (insufficient entries)

Polly Pywell	Kansas	122' 7"
Simmons	Oregon	71' 6"

400m Relay

	South Carolina	51.7	
	Alabama	53.0	
	North Carolina	53.1	
	Indiana	55.0	
	Florida	55.3	Yards to metric conversion
Charlene Ware	Maryland	55.9	
Kelly Cooper			
Bobbi Sue Renfrew			
Ann Smith			

800m Relay

	North Carolina	2:02.0
	Maryland	2:03.0
	New York	2:06.7
	Kansas	2:07.0
	Phoenix	2:09.8
	Illinois	2:10.0

1600m Relay

	Alabama	4:41.4	
	Indiana	4:48.1	
	South Carolina	4:49.7	
Charlene Ware	Maryland	4:51.35	
Ratanda Finney			
Bobbi Sue Renfrew			
Ann Smith			
	Florida	4:49.9	Yards to metric conversion
	Idaho	5:08.1	

3200m Relay

	Illinois	11:57.0
	Alabama	12:06.0
	Maryland	12:55.0
	Florida	13:27.2

Team Scores

South Carolina	126.2
Illinois	61
North Carolina	44.7
Indiana	38
Alabama	34.2
Maryland	33.5
Florida	31.7
Phoenix	31
St. Mary's	27.2
Kansas	24
Western Pennsylvania	22
Idaho	11
Tennessee	11
Minnesota	8
Texas	7
New York	6
Arizona	4.5
Model	2
California – Fremont	1
Austine	0
Boston	0
California – Riverside	0
Colorado	0
New Mexico	0
Oklahoma	0
Oregon	0